proper Sleep + Clarity Get better sleep and improve cognitive performance." Welhess 360 Dietary Supplement 60 Vegan Capsules

Sleep + Clarity

Sleep + Clarity builds on our Core formulation to help promote sleep health, improve concentration, and support overall cognitive function.

- Fall asleep faster + stay asleep
- · Improve cognitive function
- Contains clinically-studied Cognigrape™
- Natural, non-GMO, sugar-free, no artificial colors or binders

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

Amount pe		%DV
Valerian Root Extract (Valeriana officinalis) (std. to 0.8% Valerenic acid)	300mg	**
COGNIGRAPE™ Grape Extract (Vitis vinifera) (std to Anthocyanins and Proanthocyanidins)	250mg	**
SENSORIL® Ashwagandha Root and Leaf Extract (Withania somnifera) (std. to 10% Withanolides)	125mg	**
GABA (Gamma-Aminobutyric acid)	100mg	**
VENETRON® Rafuma Leaf Extract (Apocynum venetum) (std. to 4% of Hyperoside & isoquercitrin)	50mg	**
**Daily Value (DV) not established		

Other Ingredients: Vegetable Cellulose Capsule, Organic Rice Hulls Contains <2% Of: Ascorbyl Palmitate, Calcium Silicate

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COGNIGRAPE® is a trademark of Bionap S.r.I