

VITAMIN  WORLD
SINCE 1977

B-2

100mg

B VITAMINS

Energy Support*

Supports Healthy Vision & Skin Health*

EASY TO SWALLOW
100 COATED CAPLETS

VEGETARIAN
VITAMIN SUPPLEMENT

Directions: For adults, take one (1) tablet daily, preferably with a meal.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving / Percent Daily Value

Vitamin B-2 (as Riboflavin) 100 mg 5,882%

Other Ingredients: Dicalcium Phosphate, Vegetable Cellulose. Contains <2% of: Silica, Vegetable Magnesium Stearate, Pharmaceutical Glaze.

Although Riboflavin (Vitamin B-2) is found in plenty of breakfast cereals as an additive, you may want to supplement your Vitamin B-2 intake with these high-quality tablets to ensure that you are getting your Daily Value.

- Supports energy metabolism.**
- Helps maintain a healthy nervous system.**
- Helps support healthy vision.**
- Helps to maintain healthy skin.**

Each coated caplet makes it easy-to-swallow and provides 100 mg. of Riboflavin (Vitamin B2).

Gluten Free. No Soy. Vegetarian.