

PRODUCED IN A FACILITY THAT PROCESSES TREE NUTS, MILK, EGGS, SHELLFISH, FISH, WHEAT AND SOY.

MANUFACTURED FOR: WHOLE FOODS MARKET

550 BOWIE STREET • AUSTIN, TX 78703

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www.wholefoodsmarket.com

MADE IN USA FROM DOMESTIC AND IMPORTED INGREDIENTS

NOTE: THIS PRODUCT MAY CAUSE TEMPORARY FLUSHING OF THE SKIN. IF YOU ARE PREGNANT, NURSING, HAVE ANY HEALTH CONDITION OR ARE TAKING ANY MEDICATIONS, CONSULT YOUR HEALTHCARE PRACTITIONER BEFORE USING THIS PRODUCT. TAMPER EVIDENT, USE ONLY IF SEAL IS INTACT. KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

BOTTLE IS MADE FROM
100% PCR CONTENT



PLEASE
RECYCLE

GMP
GOOD MANUFACTURING PRACTICES



VEGAN



HDPE



B-50 Complex

BALANCED B-COMPLEX⁺



WITH 8 ESSENTIAL B-VITAMINS



SUPPORTS A HEALTHY NERVOUS SYSTEM
& HEALTHY ENERGY PRODUCTION[†]

90
VEGAN
CAPSULES

DIETARY SUPPLEMENT

DIRECTIONS: TAKE 1 CAPSULE, ONE TO TWO TIMES DAILY WITH FOOD.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Thiamin (Vitamin B1)(as thiamine mononitrate)	50mg	4167%
Riboflavin (Vitamin B2)	50mg	3846%
Niacin (as niacinamide and niacin)	55mg NE	344%
Vitamin B6 (as pyridoxine HCl)	50mg	2941%
Folate	665mcg DFE (400mcg folic acid)	166%
Vitamin B12 (as cyanocobalamin)	50mcg	2083%
Biotin (as d-biotin)	300mcg	1000%
Pantothenic Acid (as d-calcium pantothenate)	100mg	2000%
Choline (as choline bitartrate)	20mg	4%
Inositol	50mg	*
PABA (para-aminobenzoic acid)	50mg	*

*Daily Value not established.

OTHER INGREDIENTS: VEGAN CAPSULE (HYPMELLOSE), CELLULOSE, RICE FLOUR, MAGNESIUM STEARATE (VEGAN SOURCE), SILICON DIOXIDE.