

SUGGESTED USE: Two capsules daily or as directed by a physician.

Supplement Facts

Serving Size: 2 capsules
Servings Per Container: 60

Each Serving Contains	Amount per Serving	% Daily Value
Vitamin A (20% As Beta Carotene)	2500 IU	50 %
Vitamin C (Ascorbic acid)	120 mg	200 %
Vitamin D	200 IU	50 %
Vitamin E (dl-Alpha Tocopheryl Acetate)	60 IU	200 %
Vitamin B-1 (Thiamine Mononitrate)	3 mg	200 %
Vitamin B-2	3.4 mg	200 %
Niacinamide	20 mg	100 %
Vitamin B-6 (Pyridoxine Hydrochloride)	4 mg	200 %
Folic Acid	400 mcg	100 %
Vitamin B-12	12 mcg	200 %
Biotin	60 mcg	20 %
Pantothenic Acid (d-Calcium Pantothenate)	10 mg	100 %
Calcium (Carbonate, Citrate)	100 mg	10 %
Iodine (Potassium Iodide)	150 mcg	100 %
Magnesium (Oxide, Glycinate)	40 mg	10 %
Zinc (Citrate)	15 mg	100 %
Selenium (Amino Acid Chelate)	25 mcg	35 %
Manganese (Citrate)	2 mg	100 %
Chromium (Chelate)	25 mcg	20 %
Molybdenum (Amino Acid Chelate)	25 mcg	33 %
Coenzyme Q10	10 mg	*

* Daily Value Not Established.

KIRKMAN®

Children's Multi-Vitamin/Mineral Capsules

Dietary Supplement

120
Capsules

Hypoallergenic
Formula

0299-120 Lot # 299-0084
Best Used by: November 2014

Manufactured exclusively by:
KIRKMAN®
Lake Oswego, OR 97035
(503)694-1600 • (800)245-8282
www.kirkmangroup.com

IMPORTANT:

STORE IN A COOL DRY PLACE AND TIGHTLY CAPPED.

KEEP OUT OF THE REACH OF CHILDREN.

FREE OF: Casein, gluten, soy, wheat, milk, egg, artificial colorings, artificial flavorings, yeast, peanuts or tree nuts.

INGREDIENTS: Calcium Carbonate, Ascorbic Acid, Vitamin E Acetate (dl), Magnesium Oxide, Zinc Citrate, Plant Cellulose, Magnesium Glycinate®, Calcium Citrate, Niacinamide, d-Calcium Pantothenate, Manganese Citrate, CoQ10, Silicon Dioxide, Magnesium Stearate (Vegetable), Biotin, Vitamin A Acetate, Pyridoxine Hydrochloride, Riboflavin, Thiamine Mononitrate, Vitamin D-3, Selenium Chelate, Di-Calcium Phosphate, Beta Carotene, Fish Gelatin, Cyanocobalamin, Chromium Chelate, Molybdenum Chelate, Folic Acid, Potassium Iodide, Plant Cellulose Capsules. **CONTAINS FISH**