

OTHER INGREDIENTS: FRUCTOSE, CITRIC ACID, NATURAL FLAVORS, ORANGE JUICE POWDER, MALIC ACID, TAPIOCA MALTODEXTRIN, BETA CAROTENE (FOR COLOR), SILICA, GLYCINE, ASPARTIC ACID, TARTARIC ACID, CYSTEINE HYDROCHLORIDE. DISTRIBUTED BY: WHOLE FOODS MARKET • 550 BOWIE ST. AUSTIN, TX 78703 • ©2014 WHOLE FOODS MARKET LP IP DIRECTIONS: TAKE ONE PACKET A DAY BY MIXING PRODUCT INTO 4-6 FL OZ OF WATER. WARNING: NOT INTENDED FOR USE BY PREGNANT OR NURSING WOMEN. IF YOU ARE TAKING ANY MEDICATIONS OR PLANNING ANY MEDICAL PROCEDURE, CONSULT YOUR DOCTOR BEFORE USE. DISCONTINUE USE AND CONSULT YOUR DOCTOR IF ANY ADVERSE REACTIONS OCCUR. KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE AND AVOID EXCESSIVE HEAT.



0 99482 45267 4



Effervescent

Vitamin C

orange flavored

fizzy drink mix

1000mg Vitamin C

24 Nutrients with 7 B Vitamins

Antioxidants and Electrolytes

DIETARY SUPPLEMENT

Supplement Facts

Serv Size 1 Packet (8.8g). Amount Per Serving: Calories 25. Total Carb 6g (2% DV). Sugars 5g (†). Vitamin C (as ascorbic acid, zinc ascorbate) 1000 mg (1667% DV). Thiamin (as thiamine hydrochloride) 0.38 mg (25% DV). Riboflavin 0.43mg (25% DV). Niacin 5mg (25% DV). Vitamin B6 (as pyridoxine hydrochloride) 10mg (500% DV). Folic Acid 12.5mcg (3% DV). Vitamin B12 (as cyanocobalamin) 25mcg (417% DV). Pantothenic Acid (as calcium pantothenate) 2.5mg (25% DV). Calcium (as calcium carbonate, calcium phosphate, calcium pantothenate) 50mg (5% DV). Phosphorus (as potassium phosphate, sodium phosphate, calcium phosphate) 38mg (4% DV). Magnesium (as magnesium hydroxide, magnesium carbonate) 38mg (15% DV). Zinc (as zinc ascorbate) 2mg (13% DV). Manganese (as manganese gluconate) 0.5mg (25% DV). Chromium (as chromium nicotinate glycinate chelate) 10mcg (8% DV). Sodium (as sodium bicarbonate, sodium phosphate) 60mg (3% DV). Potassium (as potassium bicarbonate, potassium phosphate, potassium carbonate) 200mg (6% DV). Alpha Lipoic Acid 1mg (†). Quercetin 1mg (†). Percent Daily Values (DV) are based on a 2,000 calorie diet. †Daily Value not established.



Effervescent

Vitamin C

orange flavored

fizzy drink mix

1000mg Vitamin C

24 Nutrients with 7 B Vitamins

Antioxidants and Electrolytes

30 STICK PACKS

30 COUNT - 0.3 OZ (8.8g) EACH | NET WT 9.3 OZ (264g)

DIETARY SUPPLEMENT

Lot Number
Expiration Date
(unvarnished area)

C50111WF-02

Supplement Facts			
Serving Size 1 Packet (8.8g)			
Serving Per Container 30			
Amount Per Packet		%Daily Value**	
Calories	25		
Total Carbohydrate	6g	2%	
Sugars	5g	†	
Vitamin C (as ascorbic acid, zinc ascorbate)	1000 mg	1667%	
Thiamin (as thiamine hydrochloride)	0.38 mg	25%	
Riboflavin	0.43 mg	25%	
Niacin	5 mg	25%	
Vitamin B6 (as pyridoxine hydrochloride)	10 mg	500%	
Folic Acid	12.5 mcg	3%	
Vitamin B12 (as cyanocobalamin)	25 mcg	417%	
Pantothenic Acid (as calcium pantothenate)	2.5 mg	25%	
Calcium (as calcium carbonate, calcium phosphate, calcium pantothenate)	50 mg	5%	
Phosphorus (as potassium phosphate, sodium phosphate, calcium phosphate)	38 mg	4%	
Magnesium (as magnesium hydroxide, magnesium carbonate)	60 mg	15%	
Zinc (as zinc ascorbate)	2 mg	13%	
Manganese (as manganese gluconate)	0.5 mg	25%	
Chromium (as chromium nicotinate glycinate chelate)	10 mcg	8%	
Sodium (as sodium bicarbonate, sodium phosphate)	60 mg	3%	
Potassium (as potassium bicarbonate, potassium phosphate, potassium carbonate)	200 mg	6%	
Alpha Lipoic Acid	1 mg	†	
Quercetin	1 mg	†	

**Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.

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DIRECTIONS: AS A DIETARY SUPPLEMENT, TAKE ONE PACKET A DAY. IF MIXING IN A GLASS, EMPTY CONTENTS OF ONE PACKET INTO 4 – 6 FL OZ OF WATER AND STIR UNTIL DISSOLVED. WARNING: NOT INTENDED FOR USE BY PREGNANT OR NURSING WOMEN. IF YOU ARE TAKING ANY MEDICATIONS OR PLANNING ANY MEDICAL PROCEDURE, CONSULT YOUR DOCTOR BEFORE USE. DISCONTINUE USE AND CONSULT YOUR DOCTOR IF ANY ADVERSE REACTIONS OCCUR.

KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE AND AVOID EXCESSIVE HEAT.



BOX IS MADE FROM
100% RECYCLED MATERIAL
50% PCR CONTENT