

meijer

Purified to Remove Mercury\*

# Fish Oil

1000 mg  
Omega-3

## Heart Health

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

May Reduce the Risk of Coronary Heart Disease<sup>‡</sup>  
(see back panel)

120 SOFTGELS  
DIETARY SUPPLEMENT



### Supplement Facts

Serving Size: 1 Softgel

Amount Per Serving	% Daily Value
Calories 10	
Calories from Fat 10	
Total Fat 1 g	2%*
Cholesterol 0 g	0%
Fish Oil 1000 mg	†
EPA (eicosapentaenoic acid) 180 mg	†
DHA (docosahexaenoic acid) 120 mg	†

\*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Ingredients: Gelatin (USP), Glycerin (USP), Mixed Tocopheryls, Purified Water,

CONTAINS: SARDINES, ANCHOVIES.

No yeast, wheat, milk or milk derivatives, lactose, sugar, preservatives, artificial color, artificial flavor, and sodium.

**Suggested Use:** Adults, take one (1) softgel three times daily, preferably with a meal.

**CAUTION:** If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Keep out of reach of children.

STORE AT ROOM TEMPERATURE (59°F-86°F).

‡Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. One serving of Omega Fish Oil 1000 mg provides 180 mg of EPA and 120 mg of DHA omega-3 fatty acids. [See nutrition information for total fat and cholesterol content.]

(Questions or comments? 1-888-860-5376

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