

Compare to ingredients in
One A Day® Men's Health Formula*

men's daily multivitamin

700 IU vitamin D

300

TABLETS

up&up

may help support:

- heart health*
- immune health*
- energy metabolism*

300 TABLETS DIETARY SUPPLEMENT

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

300

TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Vitamin A 3500 IU (14% as beta-carotene)	70%
Vitamin C 60 mg	100%
Vitamin D3 700 IU	175%
Vitamin E 22.5 IU	75%
Vitamin K 20 mcg	25%
Thiamin 1.35 mg	90%
Riboflavin 1.7 mg	100%
Niacin 18 mg	90%
Vitamin B6 3 mg	150%
Folic Acid 400 mcg	100%
Vitamin B12 18 mcg	300%
Biotin 75 mcg	25%
Pantothenic Acid 16 mg	160%
Calcium 210 mg	21%
Magnesium 140 mg	35%
Zinc 15 mg	100%
Selenium 110 mcg	157%
Copper 2 mg	100%
Manganese 2 mg	100%
Chromium 120 mcg	100%
Lycopene 300 mcg	**

**Daily Value not established.

Ingredients: Dicalcium Phosphate, Microcrystalline Cellulose, Croscarmellose Sodium, Gelatin, dl-Alpha Tocopheryl Acetate, Calcium Pantothenate, Niacinamide, Stearic Acid, Calcium Silicate, Zinc Oxide, Dextrin, Magnesium Stearate, Manganese Sulfate, Pyridoxine Hydrochloride, Dextrose, Cupric Oxide, Thiamine Mononitrate, Riboflavin, Vitamin A Acetate, Lecithin, Sodium Carboxymethylcellulose, Folic Acid, Lycopene, Chromium Chloride, Beta-Carotene, Sodium Selenate, Sodium Citrate, Biotin, Phytonadione, Cholecalciferol, Cyanocobalamin.

094 02 0510 R02 ID285411
Distributed by Target Corporation
Minneapolis, MN 55403
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Directions: Adults, take one tablet daily with food as a dietary supplement.
CAUTION: Individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

Keep out of reach of children.
Store at 15° - 30°C (59° - 86°F).
Tablet color may vary.

Questions? Call 1-800-910-6874
SAFETY-SEALED. DO NOT USE IF PRINTED SEAL UNDER CAP IS CUT, TORN, OR MISSING.

*This product is not manufactured or distributed by Bayer HealthCare LLC, owner of the registered trademark One A Day®.

GLUTEN FREE

Facts

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Lycopene 300 mcg	**

Ingredients: Dicalcium Phosphate, Calcium Carbonate, Magnesium Oxide, Microcrystalline Cellulose, Ascorbic Acid, Croscarmellose Sodium, Gelatin, dl-Alpha Tocopheryl Acetate, Calcium Pantothenate, Niacinamide, Stearic Acid, Calcium Silicate, Zinc Oxide, Dextrin, Magnesium Stearate, Manganese Sulfate, Pyridoxine Hydrochloride, Dextrose, Cupric Oxide, Thiamine Mononitrate, Riboflavin, Vitamin A Acetate, Lecithin, Sodium Carboxymethylcellulose, Folic Acid, Lycopene, Chromium Chloride, Beta-Carotene, Sodium Selenate, Sodium Citrate, Biotin, Phytonadione, Cholecalciferol, Cyanocobalamin. Contains: Soy.

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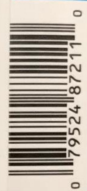
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GLUTEN FREE

139803/518820/TAR649833

FRESHNESS & POTENCY
GUARANTEED THROUGH:

EXP 12/20
300020



ACTUAL
SIZE

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700 IU vitamin D

up&up

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