

slow release iron supplement

45 mg



30 TABLETS



This product is an iron supplement for iron deficiency and iron deficiency anemia when the need for such supplementation has been determined by a physician. Iron deficiency is most common among women (approximately 11% of U.S. women).

Supplement Facts

Serving Size: 1 tablet

Amount Per Tablet	% Daily Value
Iron (elemental) 45 mg	250%

Ingredients: ferrous sulfate (dried, USP), dicalcium phosphate, microcrystalline cellulose, hypromellose, stearic acid, polyvinyl alcohol, magnesium stearate, polyethylene glycol, talc, silicon dioxide, titanium dioxide color, FD&C red #40 aluminum lake, FD&C yellow #6 aluminum lake, FD&C blue #1 aluminum lake.

Directions: Adults: Take 1 tablet daily, or as recommended by a doctor. Do not exceed recommended dose. Tablets must be swallowed whole. Not intended for use in children.

DO NOT USE IF PRINTED SEAL UNDER CAP IS BROKEN OR MISSING

Caution: The treatment of iron deficiency anemia should be under the advice and supervision of a doctor. Do not take this product with other dietary supplements containing iron. This product is not intended for long-term use unless directed by a doctor. Consult a doctor before using this product if you are pregnant or nursing a baby, or if you are taking any medication or have a medical condition. Oral iron supplements may interfere with absorption of certain oral antibiotics (e.g., tetracycline) and other medications. These products should not be taken within two hours of each other. Occasional gastrointestinal discomfort (such as nausea) may be minimized by taking with meals. Iron products may occasionally cause bowel effects, such as constipation.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately. (1-800-222-1222)

This product has a time release delivery system that provides high potency iron over time. This may reduce gastrointestinal (GI) side effects (nausea and abdominal discomfort) common with iron supplementation. Store at controlled room temperature 15°-30°C (59°-86°F).

Questions? Call 1-888-547-7400

GLUTEN FREE

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**This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.