

SPRING VALLEY™

Fish Oil

1000 mg PER SERVING

DIETARY SUPPLEMENT

600 mg EPA/400 mg DHA
plus Vitamin E (5 IU)



Natural Lemon Flavor

HEART, IMMUNE & BONE HEALTH*

Unique blend of essential fatty acids for daily health and beauty.*
Consumption of Omega-3 fatty acids may reduce the risk of coronary heart disease.*

60 SOFTGELS

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 2 Softgels
Servings per Container 30

Amount Per Serving	% Daily Value	
Calories	20	
Calories from Fat	20	
Total Fat	2 g	4%†
Vitamin E	5 IU	17%
(as d-alpha tocopheryl acetate)		
EPA (Eicosapentaenoic acid) (as EE)	600 mg	††
DHA (Docosahexaenoic acid) (as EE)	400 mg	††

†Percent Daily Values based on a 2,000 calorie diet.

††Daily Value not established.

OTHER INGREDIENTS: Gelatin, Purified Water, Glycerin, Natural Lemon Flavor.
CONTAINS HERRING, MACKEREL, MENHADEN, SARDINES AND SOY.

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DISTRIBUTED BY:
Wal-Mart Stores, Inc.,
Bentonville, AR 72716

SUGGESTED USE: Adults, take one softgel 2-3 times daily, preferably with a meal.

NO Gluten, Dairy, Sweetener, Artificial Colors or Flavors

WARNING: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their doctor before using this product. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN.
Store at room temperature 59°- 86°F (15°- 30°C).
Keep bottle tightly closed.

FOR YOUR PROTECTION, DO NOT USE IF PRINTED SEAL UNDER CAP IS BROKEN OR MISSING.

• QUALITY GUARANTEED •

Spring Valley™ products are produced under strict quality guidelines. If you are unhappy with this product, we'll replace it or refund your money.
For questions or comments call 1-866-251-1662.
Walmart.com/springvalley