

VALUE SIZE
300 TABLETS

meijer

Compare to
Centrum® Silver®
Adults 50+
ingredients†

Adults 50+

CENTURY MATURE

Multivitamin/Multimineral Supplement



Heart
Health**



Brain
Health**†



Eye
Health**



Overall
Well-being

1000 IU Vitamin D

125% DV more Vitamin D than previous formula▼

†B-vitamins and Zinc help support normal brain function through their roles in carbohydrate metabolism.**

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

300
Tablets



Do not use if
printed seal
under cap
is broken
or missing

†This product is not
manufactured or
distributed by Wyeth
Holdings LLC, owner
of the registered
trademarks Centrum®
and Silver®.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% DV	Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A 2,500 IU (40% as Beta-Carotene)	50%	Vitamin B12 25 mcg	417%	Chromium 50 mcg	42%
Vitamin C 60 mg	100%	Biotin 30 mcg	10%	Molybdenum 45 mcg	60%
Vitamin D 1,000 IU	250%	Pantothenic Acid 10 mg	100%	Chloride 72 mg	2%
Vitamin E 50 IU	167%	Calcium 220 mg	22%	Potassium 80 mg	2%
Vitamin K 30 mcg	38%	Phosphorus 20 mg	2%		
Thiamin 1.5 mg	100%	Iodine 150 mcg	100%	Nickel 5 mcg	*
Riboflavin 1.7 mg	100%	Magnesium 50 mg	13%	Silicon 2 mg	*
Niacin 20 mg	100%	Zinc 11 mg	73%	Vanadium 10 mcg	*
Vitamin B6 3 mg	150%	Selenium 19 mcg	27%	Lutein 250 mcg	*
Folic Acid 400 mcg	100%	Copper 0.5 mg	25%	Lycopene 300 mcg	*
		Manganese 2.3 mg	115%		

*Daily Value (DV) not established.

Ingredients: Calcium Carbonate, Potassium Chloride, Dicalcium Phosphate, Magnesium Oxide, Ascorbic Acid (Vit. C), dl-Alpha Tocopheryl Acetate (Vit. E), Gelatin, Microcrystalline Cellulose, Acacia, Croscarmellose Sodium, Stearic Acid, Niacinamide, Calcium Silicate, Hypromellose, Zinc Oxide, Crospovidone, Polydextrose, Calcium Pantothenate, Titanium Dioxide Color, Silicon Dioxide, Manganese Sulfate, Magnesium Stearate, Polyethylene Glycol, Pyridoxine Hydrochloride (Vit. B6), Thiamine Mononitrate (Vit. B1), Medium Chain Triglycerides, Riboflavin (Vit. B2), Cupric Sulfate, Beta-Carotene, Vitamin A Acetate, FD&C Blue #2 Aluminum Lake, Folic Acid, Chromium Picolinate, Lycopene, Lutein, Potassium Iodide, FD&C Red #40 Aluminum Lake, FD&C Yellow #6 Aluminum Lake, Sodium Molybdate, Sodium Selenate, Phytonadione (Vit. K), Cholecalciferol (Vit. D3), Biotin, Cyanocobalamin (Vit. B12), Sodium Metavanadate, Nickel Sulfate.

Suggested Use: Adults: Take one (1) tablet daily with food. Not formulated for use in children. Do not exceed suggested use.

Caution: If you are pregnant or nursing a baby, taking any medication, or have a medical condition, consult a doctor before taking this product.

Keep out of reach of children.

Store at room temperature. Keep bottle tightly closed.

Questions or comments? 1-866-703-4222

▼Previous formula contained 500 IU Vitamin D; this formula contains 1000 IU Vitamin D.

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CODE
AREA

• no varnish • no color
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