

**SPRING VALLEY™**

STANDARDIZED EXTRACT

**St. John's Wort**

**150 mg PER CAPSULE**

DIETARY SUPPLEMENT

**MOOD HEALTH™**

St. John's Wort extract supports mood health and emotional balance.\*

**90 CAPSULES**

**Supplement Facts**

Serving Size 2 Capsules  
Servings Per Container 45

Amount Per Serving	% Daily Value
St. John's Wort Extract ( <i>Hypericum perforatum</i> ) (aerial) (Standardized to contain 0.3% Hypericin, 0.9 mg)	300 mg †

†Daily Value not established.

**OTHER INGREDIENTS:** Maltodextrin, Gelatin, Magnesium Silicate, Vegetable Magnesium Stearate, Silica.

**DISTRIBUTED BY:**  
Wal-Mart Stores, Inc.,  
Bentonville, AR 72716

**SUGGESTED USE:**  
Adults, take two capsules three times daily, preferably with a meal.

**NO** Gluten, Yeast, Wheat, Milk or Milk Derivatives, Lactose, Sugar, Preservatives, Soy, Artificial Color, Artificial Flavor, Sodium (less than 5 mg per serving)

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Avoid excessive exposure to sun and other sources of ultraviolet light when using this product. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

**KEEP OUT OF REACH OF CHILDREN.**  
Store at room temperature 59°- 86°F (15°- 30°C). Keep bottle tightly closed.

**QUALITY GUARANTEED**  
For questions or comments call 1-866-251-1662. Walmart.com/springvalley

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FOR YOUR PROTECTION, DO NOT USE IF PRINTED SEAL UNDER CAP IS BROKEN OR MISSING.

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.