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Item No. 50951



Puritan's Pride
PREMIUM

HEALTHY HAIR FORMULA

10,000 mcg of Biotin per serving
Beauty From Within

DIETARY SUPPLEMENT

90 RAPID RELEASE
CAPSULES

TO REORDER ITEM # 50951

DIRECTIONS: For adults, take three (3) capsules daily, preferably with a meal.

Supplement Facts

Serving Size 3 Capsules

Servings Per Container 30

Amount Per Serving	%Daily Value
Vitamin C (as Ascorbic Acid)	250 mg 417%
Folic Acid	400 mcg 100%
Biotin (as d-Biotin)	10,000 mcg (10 mg) 3,333%
L-Cysteine	1,000 mg (1 g) -
PABA (Para-Aminobenzoic Acid)	250 mg -
Horsetail (Equisetum arvense) (aerial) (Contains 7% Silica, 17.5 mg)	250 mg -
L-Methionine	250 mg -
MSM (Methylsulfonylmethane)	250 mg -

*Daily Value not established.

Other Ingredients: Gelatin, Contains <2% of: Vegetable Cellulose, Vegetable Magnesium Stearate.

No Artificial Color, Flavor or Sweetener, No Preservatives,
No Sugar, No Starch, No Milk, No Lactose, No Soy, No
Gluten, No Wheat, No Yeast, No Fish, Sodium Free