



ACTUAL
SIZE

calcium + vitamin D₃

600 mg/20 mcg

may help support bone,
muscle and immune
system health*



250 TABLETS
DIETARY SUPPLEMENT

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.



calcium + vitamin D₃

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Vitamin D ₃ 20 mcg (800 IU)	100%
Calcium 600 mg	46%

Ingredients: Calcium Carbonate, Maltodextrin. Contains 2% or less of carnauba wax, cholecalciferol, croscarmellose sodium, hydroxypropyl methylcellulose, polysorbate 80, titanium dioxide (color), triethyl citrate.

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Suggested Use: Adults, take one tablet daily
with food as a dietary supplement.

BONE HEALTH*

Adequate calcium throughout life, as part of a healthful diet, along with physical activity, may reduce the risk of osteoporosis in later life. Vitamin D₃ may help the body absorb calcium and is known for its beneficial effects on strong healthy bones. Calcium also may help to maintain colon health.*

CAUTION: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

Keep out of the reach of children.

Store at 15° - 30°C (59° - 86°F).

No Artificial Dyes or Flavors, No Gluten, No Lactose
Tablet color may vary.

**SAFETY-SEALED. DO NOT USE IF PRINTED SEAL
UNDER CAP IS CUT, TORN, OR MISSING.**

Questions? Call 1-800-910-6874

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GLUTEN FREE

139759/518735/TAR649794

FRESHNESS & POTENCY
GUARANTEED THROUGHOUT