


SPRING VALLEY

Melatonin 10 mg

with 1 mg Lemon Balm
DIETARY SUPPLEMENT

 SLEEP SUPPORT*

May help promote restful sleep*

120 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Melatonin 10 mg	†
Lemon Balm (aerial parts) Extract 1 mg (1000 mcg)	†

†Daily Value not established.

INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Melatonin, Stearic Acid, Magnesium Stearate, Silicon Dioxide, Lemon Balm.

DISTRIBUTED BY:
Wal-Mart Stores, Inc.,
Bentonville, AR 72716

SUGGESTED USE: Adults, take one tablet at bedtime as melatonin may produce drowsiness.

WARNING: Do not use this product if you are pregnant, considering becoming pregnant or nursing a baby. Consult your doctor before you are taking any medication (including over-the-counter medication or other dietary supplements), planning a medical procedure or have any medical condition including but not limited to: an autoimmune condition, depressed liver or kidney disease, diabetes, heart disease, seizures, or bleeding problems. Do not operate machinery or consume alcohol while taking this product. Discontinue use and consult your doctor if any adverse reactions occur. Consult a doctor if using more than 4 weeks. Intended for use by persons under the age of 18.

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KEEP OUT OF REACH OF CHILDREN.
Store at room temperature 59°- 86°F (15°- 30°C). Keep bottle tightly closed.

QUALITY GUARANTEED
For questions or comments call
1-866-251-1662
Walmart.com/springvalley