



Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
Odorless Garlic Extract (Allium sativum)(bulb)	10 mg **
(*a 100:1 extract, equivalent to 1,000 mg of fresh Garlic Bulb)	

**Daily Value not established.

Directions: For adults, take one (1) softgel up to four times daily, preferably with meals.

Other Ingredients: Soybean Oil, Gelatin, Vegetable Glycerin.

WARNING: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish, Sodium Free.

For more than 40 years, Puritan's Pride has helped families achieve a lifestyle of wellness. Our vitamins and supplements are made with care from the highest quality ingredients. They are tested or inspected as many as 15 times throughout the manufacturing process. That's why you can shop with confidence. We take pride in our products and helping customers feel their best.

- Helps maintain healthy circulation**
- Contains antioxidant properties**
- Traditional herb



Rapid Release



Gluten Free

- Traditionally used for heart health**
- Used for its antioxidant properties**
- Traditionally used to help maintain healthy circulation**

Garlic has been traditionally used to support heart and cardiovascular health.** It's the natural ingredients in Garlic that give it its antioxidant properties.** Our specialized cold processing method preserves the natural goodness while reducing the odor.