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HERBAL EASE™

HERBAL LAXATIVE

T A B L E T S

250 Tablets

Dietary Supplement

TO REORDER ITEM # 30330

DIRECTIONS: For adults, take two (2) tablets three times daily, or six (6) tablets at night before retiring.

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 125

Amount Per Serving		%Daily Value
Cascara Sagrada (<i>Rhamnus purshiana</i>) (bark)	78 mg	**
Senna Extract (<i>Cassia angustifolia</i>) (leaf) (contains not less than 8 mg of Sennosides)	438 mg	**
Herbal Proprietary Blend Contains: Fennel Seed, Licorice Root, Uva Ursi Leaves	100 mg	**

**Daily Value not established.

Other Ingredients: Vegetable Cellulose, Dicalcium Phosphate, Silica. **Contains <2% of:** Vegetable Magnesium Stearate, Vegetable Stearic Acid.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

Herbal Laxative Tablets feature senna, an herb traditionally used to help ease occasional constipation and promote regularity, naturally.*†

WARNING: Limit use to no more than 1 to 2 weeks. Not intended for use by pregnant or nursing women. If you are taking any medication or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

†Traditional use claims are based on historical or traditional practices. Senna has been used for centuries in Western and Eastern medicine as a laxative.

NOTICE: This product contains Cascara Sagrada (*Rhamnus purshiana*) and Senna (*Cassia angustifolia*). Read and follow directions carefully. **Do not use if you have or develop diarrhea, loose stools, or abdominal pain because Cascara Sagrada and Senna may worsen these conditions and be harmful to your health.** Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition.

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1-800-645-1030

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PURITAN'S PRIDE, INC.
Ronkonkoma, NY 11779 U.S.A.
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