

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use.

Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.



TO REORDER ITEM # 4301
www.puritan.com
1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
Ronkonkoma, NY 11779 U.S.A.
© 2017 Puritan's Pride, Inc.
B4300 10F

USA
3004329138
EEC



WWW.PURITAN.COM

Puritan's Pride

Vitamins

A & D 3

From
Fish Liver Oils

100
Rapid Release
Softgels

VITAMIN SUPPLEMENT

DIRECTIONS: For adults, take one (1) softgel daily, preferably with a meal.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		% Daily Value
Vitamin A	1,500 mcg	167%
(from Retinyl Palmitate and Fish Liver Oil)		
Vitamin D	10 mcg (400 IU)	50%
(from D3 Cholecalciferol and Fish Liver Oil)		

Other Ingredients: Gelatin, Vegetable Glycerin.

Contains fish (cod, haddock, pollock) ingredients.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Shellfish. Sodium Free.