

SOLARAY®

DIETARY SUPPLEMENT

Mega Multi Mineral™

FULL RANGE AMINO ACID CHELATE

200 CAPSULES

WARNING: Do not use if seal is broken or seal is open. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product. Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. In case of accidental overdose, call a doctor or poison control center immediately.

Directions: Use only as directed. Take four capsules daily with a meal or glass of water. Store in a cool, dry place.

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 50

	Amount Per Serving	% Daily Value
Calories	5	
Protein	2 g	4%†
Calcium (as Calcium Carbonate, Calcium Amino Acid Chelate)	1,000 mg	100%
Iron (as Iron Amino Acid Chelate)	18 mg	100%
Phosphorus (as Potassium Phosphate)	72 mg	2%
Iodine (as Kelp, Potassium Iodide)	225 mcg	150%
Magnesium (as Magnesium Oxide, Magnesium Amino Acid Chelate)	500 mg	125%
Zinc (as Zinc Amino Acid Chelate)	15 mg	100%
Selenium (as L-Selenomethionine)	50 mcg	71%
Copper (as Copper Amino Acid Chelate)	0.5 mg	25%
Manganese (as Manganese Amino Acid Chelate)	5 mg	250%
Chromium (as Chromium Polynicotinate (ChromMate®))	50 mcg	40%
Molybdenum (as Molybdenum Amino Acid Chelate)	50 mcg	67%
Potassium (as Potassium Chloride, Potassium Phosphate)	59 mg	2%
Boron (as Tetra-Boron™)	1 mg	*
Vanadium (as Vanadium Amino Acid Chelate)	25 mcg	*
Glutamic Acid HCl	50 mg	*

*Percent Daily Value based on a 2,000 calorie diet.

	Amount Per Serving	% Daily Value
Calories	5	
Protein	2 g	4%†
Calcium (as Calcium Carbonate, Calcium Amino Acid Chelate)	1,000 mg	100%
Iron (as Iron Amino Acid Chelate)	18 mg	100%
Phosphorus (as Potassium Phosphate)	72 mg	2%
Iodine (as Kelp, Potassium Iodide)	225 mcg	150%
Magnesium (as Magnesium Oxide, Magnesium Amino Acid Chelate)	500 mg	125%
Zinc (as Zinc Amino Acid Chelate)	15 mg	100%
Selenium (as L-Selenomethionine)	50 mcg	71%
Copper (as Copper Amino Acid Chelate)	0.5 mg	25%
Manganese (as Manganese Amino Acid Chelate)	5 mg	250%
Chromium (as Chromium Polynicotinate (ChromMate®))	50 mcg	40%
Molybdenum (as Molybdenum Amino Acid Chelate)	50 mcg	67%
Potassium (as Potassium Chloride, Potassium Phosphate)	59 mg	2%
Boron (as Tetra-Boron™)	1 mg	*
Vanadium (as Vanadium Amino Acid Chelate)	25 mcg	*
Glutamic Acid HCl	50 mg	*

*Percent Daily Value based on a 2,000 calorie diet.

†Daily Value not established.

Other Ingredients: Gelatin Capsule, Cellulose, Magnesium Stearate and Herbal Base (Parsley Leaf, Alfalfa Leaf, Horsetail (aerial), Watercress (aerial), Dandelion Root, Yellow Dock Root, Chamomile (aerial), Kelp).

Discussion: The minerals in this highly advanced product are reacted with a whole rice concentrate rather than soy, yeast, or milk proteins that are commonly used to chelate minerals. The special rice concentrate used by Solaray is seven times higher in amino acid content than ordinary rice and has an amino acid profile preferred by many over soy.

SOLARAY GUARANTEES that NO ingredients other than those listed on this label have been added to this product.

ChromMate is a registered trademark of InterHealth N.I.

Other Ingredients: Gelatin Capsule, Cellulose, Magnesium Stearate and Herbal Base (Parsley Leaf, Alfalfa Leaf, Horsetail (aerial), Watercress (aerial), Dandelion Root, Yellow Dock Root, Chamomile (aerial), Kelp).

Discussion: The minerals in this highly advanced product are reacted with a whole rice concentrate rather than soy, yeast, or milk proteins that are commonly used to chelate minerals. The special rice concentrate used by Solaray is seven times higher in amino acid content than ordinary rice and has an amino acid profile preferred by many over soy.

SOLARAY GUARANTEES that NO ingredients other than those listed on this label have been added to this product.

ChromMate is a registered trademark of InterHealth N.I.

Mfd. by Nutraceutical Corp.

www.nutraceutical.com

Comments or Questions:

Solaray
Park City, UT 84098 USA ©2012
800-683-9640
www.solaray.com



USE BY: 180906

264511 0612