



PHARMACY

DIETARY SUPPLEMENT

One Daily Essential

365
tablets

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

Supplement Facts

Serving Size One (1) Tablet

Each Tablet Contains		% Daily Value
Vitamin A (5% as beta-Carotene; 95% as Acetate)	1500 mcg	167%
Vitamin C (as Ascorbic Acid)	60 mg	67%
Vitamin D-3 (as Cholecalciferol)	10 mcg	50%
Vitamin E (as di-alpha Tocopheryl Acetate)	15 mg	100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	1.5 mg	125%
Riboflavin (Vitamin B-2)	1.7 mg	131%
Niacin (as Niacinamide)	20 mg	125%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg	118%
Folate	667 mcg DFE (400 mcg Folic Acid)	167%
Vitamin B-12 (as Cyanocobalamin)	6 mcg	250%
Pantothenic Acid (as Calcium d-Pantothenate)	10 mg	200%

OTHER INGREDIENTS: Cellulose, Dicalcium Phosphate, Stearic Acid, Croscollidone, Croscarmellose Sodium, Magnesium Stearate Vegetable Source, Silicon Dioxide, Polyethylene Glycol, Carnauba Wax, Titanium Dioxide (Mineral White), Artificial Color (FD&C Red #40 Lake, FD&C Red #40).

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

SUGGESTED USE: As a dietary supplement, take one (1) tablet daily with a full glass of water, preferably after a meal.

No Artificial Flavors.

FRESHNESS AND POTENCY GUARANTEED THROUGH:

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IMPORTANT: Tamper evident seal under cap. Do not use if printed seal is broken or missing.

KEEP OUT OF REACH OF CHILDREN.
Keep in a cool, dry place.

DISTRIBUTED BY:
RITE AID
30 HUNTER LANE
CAMP HILL, PA 17011

IF YOU'RE NOT
SATISFIED, WE'LL
HAPPILY REFUND
YOUR MONEY.

