

UNCONDITIONALLY GUARANTEED for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

*NEM® is a registered trademark of ESM Technologies, LLC.

\$FruiteX-B®, a registered trademark of VDF FutureCeuticals, is manufactured under issued U.S. Patent #5962049 and additional US and Foreign patents and pending patents.

*MBP™ is a registered trademark of MEGMILK SNOW BRAND Co., Ltd. in the United States of America.

*MBP™ is protected under multiple U.S. patents.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Distributed by
HEALTHY DIRECTIONS

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DR. WHITAKER

Joint & Bone Essentials™

FOR HEALTHY JOINTS AND STRONG BONES†

With research levels of **NEM**,
FruiteX-B., and **MBP**

Dietary Supplement

120 CAPSULES



Doctor's Suggested Use: Take 4 capsules daily with a meal.

Supplement Facts

Serving Size: 4 Capsules

Servings Per Container: 30

Amount Per Serving		% DV
Vitamin D3 (as cholecalciferol)	2,000 IU	500%
Calcium (from eggshell membrane)	50 mg	5%
Glucosamine Sulfate (from chitin)	1,500 mg	*
NEM®† Eggshell Membrane	500 mg	*
FruiteX-B®§ (as calcium fructo-borate)	222 mg	*
MBP™* (milk protein)	40 mg	*

*Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, gelatin, silicon dioxide, magnesium stearate

CONTAINS: SHELLFISH (crab, shrimp), EGG, MILK; suitable for individuals following lactose-free or lactose-restricted diets.

Note: Pregnant or lactating women should consult a health care professional before taking this product.

Keep out of reach of children.



Gluten Free