

Why Organic Whole-Food Complexes?

Our bodies understand – and seek – organic nourishment, for organic whole foods deliver the ideal form of essential micronutrients that allow us to thrive. Our Earth understands – and celebrates – organic cultivation, which reduces the burden of the toxic “ides” – pesticides, fungicides, and herbicides. And our organic whole-food complexed vitamins understand and speak your language – the language of life itself.

New Chapter® will donate a portion of the net proceeds from this product to The Organic Center, whose mission is to generate credible information and communicate the universal benefits of organic farming and products. For more information about The Organic Center, visit www.organiccenter.org.

Luna Nueva – New Chapter's Organic Farm

Enjoying the ecosystem of the pristine Children's Eternal Rainforest in Costa Rica, *New Chapter's* organic spice estate serves as a model for the organic cultivation of ginger and turmeric, and radiates a purity that reflects our commitment to environmental preservation and nutrient-enhancing growing practices.

♦ Probiotic Nutrients™, exclusively from *New Chapter*, are created by the two-stage culturing activity of organic *Saccharomyces cerevisiae* and three species of *Lactobacillus*: *acidophilus*, *bifidus*, and *rhamnosus*. These beneficial probiotics culture the vitamin C, organic milled soy, and food concentrates, creating 100% whole-food complexed nutrients that are remarkably easy to digest and utilize, while simultaneously offering naturally occurring phytonutrients such as soy isoflavones, beta glucans, bioflavonoids, glutathione, lipoic acid, and enzymes.

Manufactured by
NEW CHAPTER, INC.
90 TECHNOLOGY DRIVE, BRATTLEBORO, VT 05301
888-674-4461

Certified Organic by International Certification Services, Inc.
Medina, ND, USA

Get the Whole Truth!
Sign up for our e-newsletter at: newchapter.com



This package is made of 100% recycled paperboard (35% post-consumer content). It is processed chlorine-free (PCF) and uses vegetable oil-based inks.

Please help protect our planet—
recycle this bottle and box after use.

NEWCHAPTER
Organics®



C FOOD COMPLEX™

*Nature's Immune Support
in a Highly Active Form**

- Delivers vitamin C within the infinite complexity of food
- Contains numerous immune supportive and synergistic polyphenols, bioflavonoids, and phytonutrients*

90 Tablets
DIETARY SUPPLEMENT

Supplement Facts

Serving size 1 Tablet

Servings per container 90

One tablet contains	%DV
Probiotic Nutrients™ ♦	
Vitamin C †	250 mg 417%

Organic Cultured Herbal Extracts (Proprietary Blend)

Immune Support Response †	40 mg •
[Astragalus (root)†, Elderberry (berry)†, Shiitake (mushroom)†, Cordyceps (mushroom)†, Reishi (mushroom)†, Maitake (mushroom)†]	

Antioxidant Response †	8 mg •
[Cinnamon (bark)†, Fenugreek (seed)†, Oregano (leaf)†, Cumin (seed)†, Coriander (seed)†, Rosemary (leaf)†, Clove (bud)†, Allspice (berry)†, Peppermint (leaf)†]	

Superfoods™ and Spices (Proprietary Blend)

Organic Spinach (leaf)	48 mg •
Organic Blueberry (fruit)	29 mg •
Ginger (rhizome) 0.8 mg hydroethanolic extract and 0.2 mg organic supercritical extract	1 mg •
Turmeric (rhizome) 0.8 mg hydroethanolic extract and 0.2 mg organic supercritical extract	1 mg •

- Daily Value not established

† Organic

† Nutrients are cultured in organic media that may contain: organic milled soy, organic yeast (*Saccharomyces cerevisiae*), organic maltodextrin, organic gum acacia, organic orange and lemon peel – natural sources of bioflavonoids, enzymes, and *Lactobacilli* (*L. acidophilus*, *L. bifidus*, *L. rhamnosus*)

Other ingredients: Organic gum acacia, silica, organic pre-gelatinized maize starch, lac resin, and carnauba wax.

Contains: Fermented soy. Naturally gluten free.

Suggested Use: One tablet daily. Can be taken anytime, even on an empty stomach.

100% vegetarian; no artificial flavors or colors.

We at *New Chapter*® provide you an organic probiotic alternative to isolated or USP vitamins and minerals. All of our vitamins and minerals are cultured in organic soy using nature's most prized and studied probiotics, featuring *Lactobacillus acidophilus*, *bifidus*, *rhamnosus*, and *Saccharomyces cerevisiae*. *New Chapter's* Probiotic Nutrients™ deliver biotransformed vitamins and minerals in their finest cultured form, much in the same way as miso, kefir, tempeh, and yogurt. Your *New Chapter* nutrients:

- Are easy to digest, even on an empty stomach.
- Deliver essential nutrients in a safe and active form within the infinite complexity of food.
- Provide an energizing and protective array of phytonutrients and ferment metabolites, including cultured soy isoflavones, beta glucans, bacteriocins, bioflavonoids, glutathione, lipoic acid, and enzymes.

While vitamin C is widely recognized for its cell protective and immune supportive effects, research on important antioxidant nutrients has demonstrated that only when the nutrient is in the form of food will it deliver its full wisdom to support health.* C Food Complex™ delivers an expert blend of easily digested and highly active probiotic vitamin C with a proprietary formulation of free-radical scavenging and immune supportive herbs cultured for optimal effectiveness.* Complementing the probiotic vitamin C are 19 of the most revered immune active herbs and mushrooms like astragalus and reishi, and antioxidant herbals, cinnamon and oregano. *New Chapter* brings the nutritional promise of vitamin C to a new paradigm in wholesomeness and efficacy.*

Your health, and the health of those you love, are precious and deserve the finest nutritional support. We welcome you to the living world of *New Chapter's* Probiotic Nutrients—a vital organic choice for the fullest potential of life.

Caution: As with any dietary or herbal supplement, you should advise your healthcare practitioner of the use of this product. If you are nursing, pregnant, or considering pregnancy, you should consult your healthcare practitioner prior to using this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Naturally
Gluten
Free