

EVIDENCE-BASED

Fiber Delights® daily fiber is for sensitive systems and people who prefer a chewable tablet to meet their fiber requirements. Just two delicious chewable tablets provide the recommended amount of daily fiber. Fiber Delights is formulated with oat bran and enriched inulin fibers, two non-psyllium sources of fiber that gently promote and maintain regularity, as well as support a healthy immune system and cardiovascular function.*

Contains no sucrose, salt, yeast, wheat, corn, dairy products, artificial coloring, artificial flavoring, preservatives, or ingredients of animal origin. This product contains natural ingredients; color variations are normal.

MANUFACTURED BY AN FDA-REGISTERED DRUG ESTABLISHMENT FOR
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*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



integrative
THERAPEUTICS, INC.

FIBER DELIGHTS®

*Contains oat bran and inulin
fibers that promote regularity in a
delicious chewable tablet**

VANILLA FLAVOR

60 CHEWABLE TABLETS

Dietary Supplement

Supplement Facts

Serving Size 2 chewable tablets

Servings per container 30

Amount per 2 chewable tablets	%DV**
Calories	25
Total Carbohydrate	6g 2%**
Dietary Fiber	4g 16%**
Sugars	2g ***
Proprietary Fiber Blend enriched inulin fiber (inulin and fructooligosaccharides (FOS) from chicory root) and oat (<i>Avena sativa</i>) bran fiber	4.4g ***

**Percent Daily Values (DV) are based on a 2,000 calorie diet.

***Daily Value not established.

Other ingredients: fructose, stearic acid, soy lecithin, and natural flavor.

Recommendations: Take 2 chewable tablets daily with water. To achieve maximum benefits, begin with only 1 tablet each day for the first week, and increase to 2 tablets daily thereafter. If additional fiber intake is desired, slowly increase to 6 to 8 tablets daily.

If pregnant, nursing, or taking prescription drugs, consult your healthcare practitioner prior to use.