

Quality Guaranteed

This product has been manufactured and packaged in strict conformance with industry and government standards.

FOIL-TAMPER RESISTANT SEAL

If printed heat induced seal appears to be tampered with, do not use product.

Directions: Adults, take one tablet at bedtime. If traveling across time zones, take one tablet daily for 3-5 days before trip at the corresponding bedtime of your destination.

Caution: For adult use only at bedtime. Not for use by children, teenagers, pregnant or lactating women. If you are taking medication or are under medical supervision, or have diabetes, an autoimmune disease, a depressive disorder, a thyroid condition, epilepsy, leukemia, or a lymphoproliferative disorder, or are taking MAO inhibitor drugs, or corticosteroids such as cortisone or prednisone, consult with your physician before taking this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle or while operating machinery. This product may cause drowsiness.

Store in a dry place under controlled room temperature: 20°- 25°C (68°-77°F).
Keep Out of the Reach of Children.

nature's measure®

Melatonin

3 mg with Vitamin B-6

Promotes a healthy night's sleep*
Aids jet lag fatigue*



DIETARY SUPPLEMENT

30 tablets

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Vitamin B6 (as pyridoxine HCl)	1 mg	50%
Calcium (as dicalcium phosphate)	56 mg	4%
Melatonin	3 mg	**

**Daily Value not established.

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, Magnesium Stearate and Silica

GUARANTEED NO ADDED: Sugar, Starch, Yeast, Wheat, Fish, Shellfish, Tree Nuts, Peanut, Egg, Soy, Dairy, Artificial Colors or Flavors and Preservatives. Sodium Free. Hypoallergenic and Suitable for Vegetarians.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

LOT/EXP. DATE

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Rev. 01

DISTRIBUTED BY

WILSON INTERNATIONAL, INC.,

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1-800-860-5376

MADE IN U.S.A.

Product #230037