



mykind
ORGANICS

CERTIFIED ORGANIC
WHOLE FOOD



VEGAN
D3

1,000 IU + PLANT OMEGAS



Vanilla Spray
58 mL (2 oz.)

Liquid Whole Food
Dietary Supplement

Suggested Use: Shake well. Take one spray daily. Can also be mixed with your favorite beverage. Not intended for children.

Supplement Facts

Serving Size 1 Spray (0.46 mL)

Servings Per Container Approximately 125

	Amount per Serving	% Daily Value
Vitamin D3 (From Lichen)	1,000 IU	250%
Certified Organic Omega-Rich Blend	410 mg	+
Organic Pumpkin Seed Oil, Organic Cranberry Seed Oil		
Omega-3 fatty acids	4 mg	
Omega-6 fatty acids	200 mg	
Omega-7 fatty acids	1.38 mg	
Omega-9 fatty acids	140 mg	

+Daily Value not established.

Other Ingredients: Organic Vanilla Flavor, Non-GMO Vitamin E (from Sunflower), Organic Sunflower Lecithin, Organic Rosemary Extract (to preserve freshness), Organic Stevia Rebaudioside A (leaf).