



ULTIMATE ONCE DAILY

HEART & BRAIN HEALTH

1,100mg OMEGA-3s + D3 Triglyceride Form

ONCE DAILY
NO FISHY AFTERTASTE



DIETARY SUPPLEMENT

Suggested Use: Adults take 1 softgel per day with water. Best taken with food. Not intended for children.

Supplement Facts

Serving Size 1 Softgel Servings Per Container 30

Amount Per Serving	% D	% Daily Value	
Calories 10			
Calories from Fat 10			
Total Fat 1 g		2%1	
Saturated Fat 0 g		0%1	
Unsaturated Fat 1 g			
Trans Fat 0 g			
Vitamin D (as D ₃) 1,000 IU		250%	
Total Omega-3 Fatty Acids 1.1 g		+	
EPA (Eicosapentaenoic Acid)	756 mg		
DHA (Docosahexaenoic Acid)	228 mg		
Other Omega-3s 96 mg			

¹Percent Daily Values are based on a 2,000 calorie diet. + Daily Value not established.

Ingredients: Deep-sea fish oil (from anchovy, sardine and mackerel), bovine gelatin, vegetable glycerin, natural orange flavor, rosemary extract, natural non-GMO mixed tocopherols (antioxidant). Contains non-GMO soy.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, allergic to iodine, use blood thinners, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Keep out of reach of children.

Store in a dark, cool, dry place.

Do not use if safety seal is broken or missing.

Gluten Free. Dairy Free.

30 SOFTGELS