

CARBOTEIN® DRIVEN BY FUELGEN™ MAXIMIZE MUSCULAR OUTPUT, RECOVERY & BUILDING!

CARBOTEIN® is a scientifically advanced carbohydrate formula for glycogen loading that enables rapid energy use along with post-workout recovery. CARBOTEIN® uniquely combines 6 fast-acting specialty carbohydrates with branched chain amino acids plus multiple electrolytes and citric acid cycle intermediates. Drink before, during, and/or after training to support maximum muscular work output and endurance, Glycogen replenishment and loading. Muscle building (anabolism). The driving force of CARBOTEIN® is FuelGen™, GAT's proprietary carbohydrate matrix. It consists of half a dozen specialty carbohydrates selected to encourage rapid yet sustained delivery of glucose fuel throughout your muscular body.* Glucose critically impacts your ability to perform, recover, and gain. It is your body's most "preferred" fuel, particularly during high-intensity training!

FUELGEN'S SIX SPECIALTY CARBS!

- **Maize Maltodextrin:** Promotes low-osmolality conditions for more efficient absorption.
- **Rice Maltodextrin:** Disperses rapidly in solution.
- **Potato Starch:** Like Maize Malto, this ingredient promotes low-osmolality conditions.
- **Fructose:** Promotes replenishment glycogen stores and improves flavor
- **Fibersol®:** Ultra-low glycemic index dietary fiber.
- **Oligodextrin:** Low glycemic energy source.

FORMULA ADVANTAGES:

- Supports a mass-building phase of training and when you want to push it to the max. Fuel with CARBOTEIN® before and during your work-out.
- Contains FuelGen™ a fuel-generating specialty selected matrix consisting of highly branched cyclic dextrin, oligodextrin, soluble maize Fibersol®, and more
- 1300 mg of branched chain amino acids (BCAAs) to support muscle anabolism.*
- As a concentrated source of calories CARBOTEIN® helps hard-training athletes with muscle building*
- Flavored with a low-GI nutritive sugar that brings the taste to a refreshingly delicious peak.

GAT
SPORT

CARBOTEIN

HIGH-PERFORMANCE GLYCOGEN LOADER

6 Specialty Carbohydrates
Supports Muscular Output & Endurance*
Promotes Glycogen Loading & Replenishment*

50 Servings
Dietary Supplement

Net Weight: 3.85lbs. (1.75kg)

Grape
Naturally and Artificially Flavored



Supplement Facts

Serving Size: 1 Scoop (35g)
Servings Per Container: 50

	Amount Per Serving	%DV†
Calories	120	
Total Carbohydrates	30g	11%
Total Sugars	3g	**
Includes 2g Added Sugars		4%
Calcium	74mg	6%
Magnesium	40mg	10%
Sodium (as as Sodium Citrate)	160mg	7%
Potassium (as Potassium Chloride)	190mg	4%

†Percent Daily Values (DV) are based on a 2,000-Calorie diet.

**Daily Values (DV) not established.

Other Ingredients: Fuelgen™ blend (Maltodextrin, Fructose, Rice Maltodextrin, Potato Maltodextrin, Fibersol®, Isomaltulose), BCAA Blend (Leucine, Isoleucine, Valine), Natural and Artificial Flavor, Malic Acid, Tartaric Acid, Sodium Citrate, Taurine, Potassium Chloride, Magnesium Malate, Tricalcium Phosphate, Ascorbic Acid, Purple Carrot Juice Powder (color), Blueberry Powder (color), Citric Acid, Acesulfame-K, Sucralose.

Allergy Warning: Made in a facility that also processes milk, soy, sesame, egg, peanuts, tree nuts, fish/crustaceans/shellfish oils, and wheat products.

DIRECTIONS: Prepare each individual serving used by mixing it with 6-8 fl oz of cold water, with ice cubes, if desired, in a shaker bottle, water bottle, or blender. Add 3-4 fl oz of water for each additional serving used.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PRE-TRAINING

Fuel yourself to spare muscle glycogen (storage form of glucose) and prevent early fatigue, drink 1 serving 15-30 minutes pre-training.

DURING TRAINING

To support glucose levels and sustain muscular output, drink ½ serving every 30 minutes. Endurance athletes competing in prolonged exercise should sip 1 serving in 8-10oz. water for more energy and hydration.

POST-TRAINING

For workouts lasting up to 90 minutes, consume ½-1 serving within 40 minutes post-training. Follow this with at least 20g of high-quality protein, such as 1 serving of GAT Sport Whey Protein. For workouts lasting longer than 90 minutes, consume 1 serving of CARBOTEIN® post-training and another 1 serving 60 minutes later.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.
DO NOT USE IF NECK SEAL IS BROKEN OR MISSING.



MANUFACTURED IN THE
USA FROM DOMESTIC AND
IMPORTED INGREDIENTS

"I stand firmly behind our unconditional
30-day money-back guarantee on all
our products. Stay strong!"

Charles Moser
Charles Moser
PRESIDENT & CEO

GAT
SPORT

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Comments or questions?
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