



Supplement Facts

Serving Size: 8 Vegetarian Capsules – Servings per Container: 20 (28 day supply)

Amount per Serving		%DV		
Vitamin K2 (as menaquinone-7)	50 mcg	42%	Sensoril® Ashwagandha <i>Withania somnifera</i> Root and Leaf Extract (10% withanolide glycoside conjugates)	125 mg **
Thiamine (as Thiamine HCl)	25 mg	2085%	<i>Gynostemma pentaphyllum</i> Whole Herb Extract (50% gypenosides)	100 mg **
Riboflavin	2 mg	154%	Sirtmax® <i>Kaempferia parviflora</i> Root Extract (15% polymethoxy flavonoids)	100 mg **
Niacin (as 100 mg niacinamide and 25 mg nicotinic acid)	125 mg	781%	R-Lipoic Acid sodium salt	100 mg **
Vitamin B6 (as pyridoxal 5'-phosphate)	1.3 mg	76%	N-Acetyl-L-cysteine	100 mg **
Folate (as 100 mcg calcium L-5'-methyltetrahydrofolate and 100 mcg calcium folinate)	303 mcg DFE	76%	L-Tryptophan	100 mg **
Vitamin B12 (as 100 mcg methylcobalamin and 100 mcg adenosylcobalamin)	200 mcg	8330%	Coenzyme Q10 (ubiquinone)	65 mg **
Biotin	30 mcg	100%	<i>Sophorae japonica</i> L. Flower Extract (95% rutin)	50 mg **
Pantothenic Acid (as calcium pantothenate)	5 mg	100%	<i>Citrus sinensis</i> L. Fruit Extract (40% nobiletin)	50 mg **
Magnesium (as 400 mg magnesium glycinate)	48 mg	11%	Strawberry Seed Extract (0.5% trans-tiliroside)	40 mg **
Tri-creatine Malate	1000 mg	**	<i>Citrus grandis</i> Fruit Extract (98% apigenin)	20 mg **
Calcium β-Hydroxy-β-Methylbutyrate monohydrate	500 mg	**	Pyrroloquinoline Quinone disodium	10 mg **
Glycine (as 400 mg magnesium glycinate)	344 mg	**	<i>Ceratonia siliqua</i> Pod Extract (98% D-chiro-inositol)	5 mg **
<i>Rosmarinus officinalis</i> Leaf Extract (50% ursolic acid)	300 mg	**	** Daily Value (DV) not established	
Cocoa Seed Extract	300 mg	**		
Cinnulin PF® <i>Cinnamomum burmannii</i> Bark Extract	250 mg	**		
L-Carnitine HCl	250 mg	**		
BioVin® French Red Grapes Extract (5% resveratrol)	200 mg	**		
Myo-Inositol	200 mg	**		
elevATP® Ancient Peat and Apple Fruit Extract	150 mg	**		
Betaine HCl	125 mg	**		

Other Ingredients: Hypromellose, Organic Rice Concentrate, Organic Rice Extract Blend, Silicon Dioxide, Calcium Carbonate

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