## SOLMO

## Melatonin 3 mg

No artificial colors, no artificial flavors, no gluten, no lactose

DIETARY SUPPLEMENT 240 TABLETS

## Supplement Facts Serving Size 1 Tablet Amount Por Serving 9/ Paily Value

Amount Per Serving % Daily Value

Melatonin 3 mg \*

\*Daily Value not established.

INGREDIENTS: Calcium Carbonate, Microcrystalline Cellulose, Starch. Contains 2% or less of carboxymethylcellulose sodium, magnesium stearate, melatonin, silicon dioxide. May contain maltodextrin.

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**DIRECTIONS:** Adults - Take one tablet just prior to or at bedtime as a dietary supplement.

**WARNING:** Take at bedtime only. Melatonin can induce drowsiness and sleep. Pregnant or nursing women, individuals taking sedatives or other medication(s), or persons who have a health condition or are experiencing long-term sleep difficulties should consult their physician before using this product. Do not use alcohol, drive a vehicle or operate machinery while taking this product. Do not use prior to surgery.

**Keep out of the reach of children.** Store at 15° - 30°C (59° - 86°F).

Safety-sealed. Do not use if printed seal under cap is cut, torn, or missing.

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