



cGMP
Certified



Non
GMO



Organic
Whole Foods



Methylated
Vitamins

CODE  AGE

FERMENTED WOMEN'S MULTIVITAMIN

25+ VITAMINS & MINERALS
DIETARY SUPPLEMENT | 120 CAPSULES



Suggested use: Adults take 4 capsules daily with 8 ounces of water or your favorite beverage. May be taken with or without food.

Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 30

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A (as Beta Carotene; from <i>D. salina</i> with Full Spectrum Carotenoids)	900 mcg 100%	Molybdenum (as Glycinate)	75 mcg 167%
Vitamin C (from Acerola Cherry Extract & Camu Camu Berry)	90 mg 100%	Potassium (as Natural Chloride)	75 mg 2%
Vitamin D (as Plant-Based Fermented Cholecalciferol; from Wild-Harvested Lichen)	40 mcg 200%	Fermented Women's Botanical Blend	800 mg **
Vitamin E (as D-Alpha Tocopheryl Succinate)	24.8 mg 165%	Fermented Spinulinar, Fermented Camu Camu Berry, Sprouted Fermented Canthua Seed	
Vitamin K2 (as Menaquinone-7; from <i>B. licheniformis</i>)	120 mcg 100%	(<i>Chenopodium pallidicaule</i>), Fermented Reishi Mycelium, Fermented Schisandra Berry, Fermented Sage Leaf Extract, Fermented Astragalus, Fermented Ashwagandha, Fermented Amla Berry Extract, Sprouted Fermented Chia Seed, Fermented Dong Quai, Fermented Holy Basil (<i>Ocimum tenuiflorum</i>), Fermented Chastetree Berry	
Thiamin (as Thiamine HCl)	3 mg 250%	Vegan Collagen Booster Blend	100 mg **
Riboflavin	3 mg 231%	L-Lysine HCl, Glycine, L-Proline	
Niacin (as Niacinamide)	20 mg 125%	Probiotic Blend (5 billion CFU*)	60.5 mg **
Vitamin B6 (as Pyridoxal-5'-Phosphate (P-5-P))	4 mg 235%	<i>L. acidophilus</i> , <i>L. bulgaricus</i> , <i>B. bifidum</i>	
Folate (as L-5-methyltetrahydrofolate (L-5-MTHF))	400 mcg 100%	Digestive Enzyme Blend	55 mg **
Vitamin B12 (as Methylcobalamin)	6 mcg 250%	Lipase, Amylase, Protease	
Biotin	300 mcg 1000%	Omega 3 (from Microalgae)	50 mg **
Pantothenic Acid (as Calcium Pantothenate)	9 mg 180%	Coenzyme Q10 (CoQ10)	30 mg **
Choline (from Sunflower Lecithin)	55 mg 10%	Lutein (from Marigold Flowers)	10 mg **
Calcium (as Aquamin® & Citrate)	110 mg 8%	Fermented Turmeric	10 mg **
Iodine (from Kelp)	150 mcg 100%	Boron (as Amino Acid Chelate)	1 mg **
Magnesium (as Algae & Citrate)	220 mg 52%	Trace Minerals (from Sea Water)	20 mcg **
Zinc (as Amino Acid Chelate)	11 mg 100%	Vanadium Sulfate	10 mcg **
Selenium (as Yeast-Free L-Selenomethionine)	70 mcg 127%		
Copper (as Amino Acid Chelate)	0.9 mg 100%		
Manganese (as Natural Sulfate)	2.3 mg 100%		
Chromium (Organically Grown w/ GTF Activity)	35 mcg 100%		

** Daily Value (DV) not established *Organic Ingredient
* At time of manufacture.

OTHER INGREDIENTS: Methylcellulose Capsule

Manufactured for CODEAGE LLC:

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QUESTIONS? [CODEAGE.COM](https://www.codeage.com)

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18 and individuals with a known medical condition should consult a physician before using this or any dietary supplement. Please use caution if you have allergies or sensitivities to any of the listed ingredients.

This product is manufactured in a facility that processes fish and tree nuts.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.