

IMPORTANT FACTS YOU SHOULD KNOW

These essential minerals are necessary for the proper functioning of the body.* Calcium is vital for bones, Magnesium assists nerve and muscle function and Zinc is involved in immune system health.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

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ACTUAL
SIZE

Prod. No.
74251

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14-10297D9S

60 Caplets
Dietary Supplement



Calcium, Magnesium and Zinc

**Bone and Immune
System Health***



DIRECTIONS: FOR ADULTS, TAKE ONE (1) CAPLET ONE TO THREE TIMES DAILY, PREFERABLY WITH MEALS. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Caplet

Amount Per Serving	% Daily Value	
Calcium (as Calcium Carbonate and Calcium Gluconate)	333 mg	26%
Magnesium (as Magnesium Oxide and Magnesium Gluconate)	133 mg	32%
Zinc (as Zinc Oxide and Zinc Citrate)	8 mg	73%

Other Ingredients: Cellulose (Plant Origin), Croscarmellose, Cellulose Coating. **Contains <2% of:** Medium Chain Triglycerides, Polydextrose, Vegetable Magnesium Stearate.

No Gluten, **No** Yeast, **No** Wheat, **No** Milk or Milk Derivatives, **No** Lactose, **No** Sugar, **No** Preservatives, **No** Soy, **No** Artificial Flavor, **No** Sodium.