

HELPS SUPPORT BONE HEALTH
with Calcium, Vitamin K and Vitamin D*

Children's Multivitamin Supplement

Pediatricians' **#1** Choice
Children's Chewable Vitamin Brand

FLINTSTONES
COMPLETE

FREE OF:



high fructose
corn syrup



sugar



artificial
flavors

colors
from
natural
sources



200 CHEWABLE
TABLETS



FLINTSTONES

COMPLETE

FLINTSTONES

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Directions: Under adult supervision product should be fully chewed or crushed. Children 2 & 3 years of age: **Fully chew** one-half tablet daily, with food. Adults and children 4 years of age and older: **Fully chew** one tablet daily, with food.

Supplement Facts

Serving Size: ½ tablet (2 & 3 years of age); 1 tablet (4 years of age and older)

Servings Per Container: 400; 200

Amount Per Tablet	% Daily Value for Children 2 & 3 Years of Age (½ Tablet)	% Daily Value for Adults and Children 4 Years of Age and older (1 Tablet)	Amount Per Tablet	% Daily Value for Children 2 & 3 Years of Age (½ Tablet)	% Daily Value for Adults and Children 4 Years of Age and older (1 Tablet)
Total Carbohydrate < 1 g	<1%**	<1%**	Folate 400 mcg DFE (240 mcg Folic Acid)	133%	100%
Total Sugars 0 g	†	†	Vitamin B ₁₂ 2.4 mcg	133%	100%
Includes 0g Added Sugars	0%**	0%**	Biotin 30 mcg	188%	100%
Sugar Alcohol 0 g	†	†	Pantothenic Acid 5 mg	125%	100%
Vitamin A 400 mcg (10% as beta-carotene)	67%	44%	Calcium 140 mg	10%	11%
Vitamin C 90 mg	300%	100%	Iron 10 mg	71%	56%
Vitamin D 20 mcg (800 IU)	67%	100%	Iodine 150 mcg	83%	100%
Vitamin E 7.5 mg	63%	50%	Zinc 5 mg	83%	45%
Vitamin K 60 mcg	100%	50%	Copper 0.44 mg	73%	49%
Thiamin (B ₁) 1.2 mg	120%	100%	Sodium 15 mg	<1%	<1%
Riboflavin (B ₂) 1.3 mg	130%	100%			
Niacin 12 mg	100%	75%			
Vitamin B ₆ 1.7 mg	170%	100%			

Ingredients: Calcium Carbonate, Sorbitol, Maltodextrin, Mannitol, Sodium Ascorbate, Fructose[†], Ferrous Sulfate, Citric Acid; Less than 2% of: Ascorbic Acid, Beta-Carotene, Biotin, Carrageenan, Color (Annatto Extract [Seed], Red Beet Juice, Red Sweet Potato Juice, Spirulina Extract, Turmeric Oleoresin), Cupric Oxide, D-Calcium Pantothenate, Folic Acid, Gelatin, Lactic Acid, Magnesium Stearate, Natural Flavor, Niacinamide, Phytanadione, Potassium Iodide, Pyridoxine Hydrochloride, Riboflavin, Silicon Dioxide, Stearic Acid, Sucralose, Thiamine Mononitrate, Vitamin A Acetate, Vitamin B₁₂ (Cyanocobalamin), Vitamin D₃ (Cholecalciferol), Vitamin E Acetate, Zinc Oxide. **Contains:** Wheat.

†Adds a trivial amount of sugar

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Not for children under 2 years of age.

KEEP OUT OF REACH OF CHILDREN

If pregnant, breast-feeding, taking medication, or have any medical condition ask a health professional before use.

CHILD RESISTANT CAP

Do not exceed recommended intake

Questions or comments text or call

1-800-800-4793 (Mon-Fri 9 – 5 EST)

THE FLINTSTONES: TM & © Hanna-Barbera. (s19)

Store at room temperature. Avoid excessive heat above 40°C (104°F).

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LOT/EXP

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Do not use if printed safety seal bearing "Bayer HealthCare" under cap is torn or missing.