

designs for health®

Recommended Use: As a dietary supplement, take two capsules per day with meals, or as directed by your health care practitioner.

Twice Daily Multi™

Report any adverse reactions to 860-623-6314

TRAACS® is a registered trademark of Albion Laboratories, Inc.

Quatrefolic® is covered by U.S. Patent No. 7,947,662 and is a registered trademark of Gnosis S.p.A.



Does not contain gluten.

TDM060-6

BARCODE

.94 X 0.696

879452000940



DIETARY SUPPLEMENT

FOR PROFESSIONAL USE ONLY

60 VEGETARIAN CAPSULES

Supplement Facts

Serving Size 2 capsules

Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (from Palmitate, mixed carotenoids from palm tree fruit)	522 mcg RAE 58%	Pantothenic Acid (as d-Calcium Pantothenate)	50 mg 1000%
Vitamin C (as Ascorbic Acid)	500 mg 556%	Iodine (as Potassium Iodide)	75 mcg 50%
Vitamin D (as Cholecalciferol)	25 mcg (1000 IU) 125%	Zinc (as Zinc Bisglycinate Chelate)	15 mg 136%
Vitamin E (as d-alpha tocopherol)	9 mg 62%	Selenium (as Selenium Glycinate Complex)	200 mcg 364%
Thiamin (Vitamin B-1)(as Thiamin HCl)	50 mg 4167%	Manganese (TRAACS® Manganese Bisglycinate Chelate)	1 mg 43%
Riboflavin (Vitamin B-2)	30 mg 2308%	Chromium (TRAACS® Chromium Nicotinate Glycinate Chelate)	400 mcg 1143%
Niacin (Vitamin B-3)(as Niacinamide)	30 mg NE 188%	Molybdenum (TRAACS® Molybdenum Glycinate Chelate)	100 mcg 222%
Vitamin B-6 (as Pyridoxine HCl)	50 mg 2941%	High Gamma Mixed Tocopherols (as d-gamma, d-delta, d-alpha, d-beta)	100 mg *
Folate (as Quatrefolic® [6S]-5-methyltetrahydrofolate, glucosamine salt 800 mcg)	680 mcg DFE 170%	Alpha Lipoic Acid	20 mg *
Vitamin B-12 (as Methylcobalamin)	500 mcg 20833%	Boron (as Bororganic Glycine)	2 mg *
Biotin (as d-Biotin)	300 mcg 1000%		

*Daily Value not established.

Other Ingredients: Cellulose (capsule), dicalcium phosphate, microcrystalline cellulose, vegetable stearate, silicon dioxide.



Formulated and manufactured by:

Designs for Health, Inc.

980 South Street, Suffield, CT 06078

Manufactured in a GMP Registered Facility in the USA

www.designsforhealth.com



STORE AT ROOM TEMPERATURE.