



MAGNESIUM & POTASSIUM ASPARTATE

**MAGNESIUM &
POTASSIUM
ASPARTATE**
Gluten Free



This item Certified Kosher

Dietary Supplement

Magnesium plays an essential role in maintaining proper bone mineralization and is involved in muscle contractions and nerve impulses. Potassium is essential for muscle activity and nerve transmission, mineral balance of the blood and works with sodium to regulate water balance in the body.*

Supplement Facts

Serving Size: 2 Capsules
Servings per Container: 180

Amount Per Serving		%DV
Magnesium (from 1000 mg magnesium aspartate)	200 mg	50%
Potassium (from 990 mg potassium aspartate)	198 mg	6%

Other Ingredients: K-Gelatin, vegetable magnesium stearate, silica.

Directions: As a dietary supplement, take 2 capsules twice a day, morning and evening, preferably with a meal.

Caution: If you are pregnant or nursing do not take this product.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

Manufactured in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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