



Flush
Free

Niacin

Inositol Hexanicotinate

500 mg

ENERGY HEALTH*
DIETARY SUPPLEMENT

Actual Product
Size on Side Panel

200
CAPSULES

Supports
Energy & Nervous
System Health*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Directions: For adults, take one (1) capsule daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
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Niacin	400 mg	2,500%
(as Inositol Hexanicotinate)		

Inositol	100 mg	**
(as Inositol Hexanicotinate)		

****Daily Value not established.**

Other Ingredients: Gelatin (Bovine), Vegetable Stearic Acid. Contains <2% of: Silica, Vegetable Magnesium Stearate.

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Niacin is part of a coenzyme necessary for energy metabolism.* It also maintains nervous system and skin health.*

Warning: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

NOTICE: Most people should not experience flushing when using this product. However, a few sensitive individuals may experience a temporary skin flushing (hot feeling and skin redness), burning, itching, or rash caused by an increase in blood flow near the skin. Do not take on an empty stomach. Do not take more than the recommended dose unless prescribed by your doctor.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor, salt.

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Actual Size



#459949

0 50428 40755 4

Prod. No.
58980
B1660 01A

3/16" Non-Varnish Area