



Super B Complex

with Vitamin C
ENERGY METABOLISM
& IMMUNE HEALTH*
DIETARY SUPPLEMENT

Supports Heart &
Immune System
Health*

Actual Product
Size on Side Panel

300 CAPLETS

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Directions: For adults, take one (1) caplet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Caplet

Amount Per Serving		%Daily Value
Vitamin C (as Ascorbic Acid)	60 mg	67%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	25 mg	2,083%
Riboflavin (Vitamin B-2)	20 mg	1,538%
Niacin (as Niacinamide)	25 mg	156%
Vitamin B-6 (as Pyridoxine Hydrochloride)	5 mg	294%
Folate	666 mcg DFE (400 mcg folic acid)	167%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	4,167%
Biotin (as d-Biotin)	1,000 mcg	3,333%
Pantothenic Acid (as d-Calcium Pantothenate)	5.5 mg	110%

Other Ingredients: Calcium Carbonate, Cellulose (Plant Origin), Dicalcium Phosphate, Croscarmellose, Mannitol. Contains <2% of: Cellulose Coating, Maltodextrin, Silica, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

This product is a combination of essential nutrients to promote overall well-being.* The B Vitamin Complex supports energy metabolism and nervous system health, while Vitamin C supports immune system health.* These nutrients also support heart health.*

Warning: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, artificial preservatives, soy, artificial color, artificial flavor, salt.

Vegetarian Formula

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

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Actual Size

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