

**CVS**  
Health

Compare to the ingredients  
in Centrum® Silver® Adults 50+\*

# spectravite

MULTIVITAMIN/MULTIMINERAL SUPPLEMENT

Non-GMO • Gluten Free



Heart  
Health\*\*



Brain  
Health\*\*



Eye  
Health\*\*



Overall  
Well-Being\*\*

280 TABLETS

ADULTS 50+

## Supplement Facts

Serving Size 1 Tablet

| Amount Per Serving                                     | % Daily Value | Amount Per Serving                | % Daily Value |
|--------------------------------------------------------|---------------|-----------------------------------|---------------|
| Vitamin A (as Acetate and 40% Beta Carotene)           | 2500 IU 50%   | Magnesium (as Magnesium Oxide)    | 50 mg 13%     |
| Vitamin C (as Ascorbic Acid)                           | 60 mg 100%    | Zinc (as Zinc Oxide)              | 11 mg 73%     |
| Vitamin D-3 (as Cholecalciferol)                       | 1000 IU 250%  | Selenium (as Sodium Selenate)     | 19 mcg 27%    |
| Vitamin E (as d-Alpha Tocopheryl Acetate)              | 50 IU 167%    | Copper (as Cupric Sulfate)        | 0.5 mg 25%    |
| Vitamin K (as Phylloquinone)                           | 30 mcg 38%    | Manganese (as Manganese Sulfate)  | 2.3 mg 113%   |
| Vitamin B-1 (as Thiamine Mononitrate)                  | 1.5 mg 100%   | Chromium (as Chromium Picolinate) | 50 mcg 42%    |
| Vitamin B-2 (Riboflavin)                               | 1.7 mg 100%   | Molybdenum (as Sodium Molybdate)  | 45 mcg 60%    |
| Niacinamide (as Vitamin B-3)                           | 20 mg 100%    | Chloride (as Potassium Chloride)  | 72 mg 2%      |
| Vitamin B-6 (as Pyridoxine HCl)                        | 3 mg 150%     | Potassium (as Potassium Chloride) | 80 mg 2%      |
| Folic Acid                                             | 400 mcg 100%  | Nickel (as Nickelous Sulfate)     | 5 mcg -       |
| Vitamin B-12 (as Cyanocobalamin)                       | 25 mcg 417%   | Vanadium (as Sodium Metavanadate) | 10 mcg -      |
| Biotin                                                 | 30 mcg 10%    | Lutein                            | 250 mcg -     |
| Pantothenic Acid (as Calcium Pantothenate)             | 10 mg 100%    | Lycopene                          | 300 mcg -     |
| Calcium (as Dicalcium Phosphate and Calcium Carbonate) | 220 mg 22%    | Silicon (as Silicon Dioxide)      | 2 mg -        |
| Phosphorus (as Dicalcium Phosphate)                    | 20 mg 2%      |                                   |               |
| Iodine (as Potassium Iodide)                           | 150 mcg 100%  |                                   |               |

Other Ingredients: Gelatin, Microcrystalline Cellulose, Stearic Acid, Sodium Phosphate, Hypromellose, Croscarmellose Sodium, Starch, Magnesium Oxide, Crospovidone, Acacia, Maltodextrin, Magnesium Sulfate, Sucrose, Triacetin, Citric Acid, Talc, Shellac, Mannitol, Sodium Lauryl Sulfate, Polyvinylpyrrolidone, Mineral Oil, Silica, Sodium Hydroxide, Polyethylene Glycol, Polyvinyl Alcohol, Sorbic Acid, Potassium Phosphate, Ascorbyl Palmitate, BHT, FD&C Blue #2 Lake, BHT, FD&C Blue #2 Lake.

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| % Daily Value | Amount Per Serving | % Daily Value |
|---------------|--------------------|---------------|
| 10%           | 50 mg              | 13%           |
| 10%           | 11 mg              | 73%           |
| 20%           | 19 mcg             | 27%           |
| 10%           | 0.5 mg             | 25%           |
| 10%           | 2.3 mg             | 113%          |
| 10%           | 50 mcg             | 42%           |
| 10%           | 45 mcg             | 60%           |
| 10%           | 72 mg              | 2%            |
| 10%           | 80 mg              | 2%            |
| 10%           | 5 mcg              | -             |
| 10%           | 10 mcg             | -             |
| 10%           | 250 mcg            | -             |
| 10%           | 300 mcg            | -             |
| 10%           | 2 mg               | -             |

\*Daily Value not established.

Suggested Use: Adults - Take one tablet daily with food as a dietary supplement.

Caution: Individuals taking medications or persons who have a health condition should consult their physician before using this product.

Keep out of the reach of children.

Store at 15° - 30°C (59° - 86°F).

\*This product is not manufactured or distributed by Pfizer, marketer of Centrum® Silver®.

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DO NOT USE  
IF PRINTED  
SEAL UNDER  
CAP IS  
BROKEN OR  
MISSING

Actual Size

#122858

