



Supplement Facts

Serving Size 2 tablets

Servings Per Container 60

Amount Per Serving	% Daily Value	
Calcium†	190 mg	19%
Phosphorus†	148 mg	15%
Magnesium (as magnesium citrate)†	250 mg	63%

Other Ingredients: Cellulose, dicalcium phosphate, stearic acid, cellulose & glycerin coating, magnesium stearate, silica, vegetable glaze.

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.