

Complete Active™ is an exclusive blend for athletes and physically active men who need more than a traditional multivitamin. Packed with premium levels of vitamins, minerals and a rare combination of super-nutrients including Creatine Monohydrate, Beta Alanine, Glutamine and BCAAs, Complete Active™ will help maximize your physical performance and keep you healthy.*

A NATURAL EDGE. Essential vitamins, minerals and blends designed for athletic males:

- Highest Concentration of Multi-Nutrients for Optimal Performance*

- Antioxidant Complex for Increased Stamina & Overall Health*

- Additional Performance & BCAA Complex for Muscle Strength & Recovery*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

COMPLETE ACTIVE™

MULTIVITAMIN SUPPLEMENT FOR ACTIVE MEN

90 CAPSULES

Capsulated with BioPerine®
FOR
**FAST EFFICIENT
ABSORPTION**



SUGGESTED USE: Take 3 capsules once daily with food and 6-8 ounces of water. To be used as part of a healthy lifestyle consisting of regular physical exercise and a proper diet.

Supplement Facts

Serving Size 3 capsules

Servings Per Container 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as Vitamin A acetate & beta-carotene)	2,213 mcg 250%	Chromium (as chromium picolinate)	24 mcg 70%
Vitamin C (as ascorbic acid)	180 mg 200%	Molybdenum (as molybdenum rice amino acid chelate)	75 mcg 170%
Vitamin D (as cholecalciferol)	125 mcg 630%	Athletic Active Complex	972 mg †
Vitamin E (as d-alpha-tocopheryl acetate)	27 mg 180%	Performance Complex	
Vitamin K (as phytylmenadione)	100 mcg 80%	Creatine Monohydrate, L-Arginine, Glutamine, Beta Alanine (as CarnoSyn™), Inositol, L-Histidine, Vanadyl Sulfate, Boron Chelate	
Thiamine (as thiamine mononitrate)	50 mg 4,170%	Antioxidant Complex	
Riboflavin	50 mg 3,850%	N-Acetyl-L-Cysteine, Alpha Lipoic Acid, Milk Thistle Extract (Silybum marianum), Grape (seed) Extract (Vitis vinifera), Pine (bark) Extract (Pinus massoniana), PABA (Para Amino Benzoic Acid), Coenzyme Q-10, Lutein	
Niacin (as niacinamide)	50 mg 310%	BCAA Complex	
Vitamin B-6 (as pyridoxine hydrochloride)	50 mg 2,940%	L-Leucine, L-Valine, L-Isoleucine	
Folate	668 mcg DFE (400 mcg folic acid) 170%	Immune Complex	
Vitamin B-12 (Cyanocobalamin)	120 mcg 5,000%	Saw Palmetto (berry) Extract (Serenoa repens), Pygeum Africanum (bark) Extract, Stinging Nettle (root) Extract (Urtica dioica), Lycopene	
Biotin	400 mcg 1,330%	Enhanced Delivery Agent	5 mg †
Pantothenic acid (as d-calcium pantothenate)	50 mg 1,000%	Bioperine® (Piper nigrum) (fruit)	
Choline (as choline bitartrate)	8 mg 1%		
Calcium (as calcium carbonate)	120 mg 10%		
Iodine (from kelp)	150 mcg 100%		
Magnesium (as magnesium aspartate)	40 mg 10%		
Zinc (as zinc picolinate)	10 mg 90%		
Selenium (as L-selenomethionine)	1 mcg 2%		
Copper (as copper gluconate)	2 mg 220%		
Manganese (as manganese citrate)	1.4 mg 60%		

Other Ingredients: Gelatin, magnesium stearate, silicon dioxide, titanium dioxide

Contains: Soy. **GLUTEN FREE**

Manufactured exclusively for CNMC Distribution™, LLC.
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WARNING: Do not use if pregnant, nursing, or under the age of 18. Use only as directed. Consult with a doctor before taking this or any other dietary supplement, especially if you have or suspect you may have a medical condition, or are taking any medications, over the counter products, or other dietary supplements. Immediately discontinue use and consult your doctor if any adverse reactions occur.

⚠ **WARNING:** Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

BEYOND BASICS

Complete Active™ goes beyond a basic multivitamin to give you the highest concentration of multi-nutrients and exclusive blends for optimal health and athletic performance.*

Performance Complex

- Contains Creatine Monohydrate*
- Supports Healthy Blood-Flow*

Antioxidant Complex

- Increases Stamina*
- Supports Overall Health*

BCAA Complex

- Supports Muscle Growth & Repair*
- Reduces Recovery Time*

Immune Complex

- Supports Immune Health*

Enhanced Delivery Agent

- Maximizes Absorption of Nutrients*

