

Defy bone aging with CITRACAL calcium and a high level of vitamin D₃. Adequate calcium and vitamin D throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.

CITRACAL **maximum** is made with calcium citrate, a different kind of calcium:

- highly soluble, easily absorbed
- can be taken with or without food
- gentle on your digestive system



can be taken with
or without food



60
COATED
CAPLETS

Directions: Adults: Take 1 serving (2 caplets) twice daily with or without food or as recommended by your physician, pharmacist or health care professional.

Supplement Facts

Serving Size: 2 caplets

Servings Per Container: 30

Amount Per Serving		% Daily Value
Vitamin D (as cholecalciferol)	500 IU	125%
Calcium (elemental)	630 mg	63%

INGREDIENTS: Calcium Citrate, Polyethylene Glycol, Croscarmellose Sodium; Less Than 2% Of: Hydroxypropyl Methylcellulose, Magnesium Silicate, Magnesium Stearate, Oligofructose Enriched Inulin, Polyvinylpyrrolidone, Propylene Glycol Dicaprylate/Dicaprate, Titanium Dioxide (color), Vitamin D₃ (Cholecalciferol).

If pregnant, breast-feeding, taking medication, or have any underlying medical condition ask a health professional before use.

KEEP OUT OF REACH OF CHILDREN

Do not use if printed foil seal is torn or missing.

Questions or Comments? Please call 1-866-511-9328

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