

CHILDREN UNDER 12 YEARS OF AGE, PREGNANT WOMEN OR NURSING MOTHERS, OR ANYONE WITH A MEDICAL CONDITION SHOULD CONSULT WITH A PHYSICIAN BEFORE USING THIS PRODUCT. STORE IN A COOL, DRY PLACE. NO ARTIFICIAL COLORS, FLAVORS OR PRESERVATIVES ADDED.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisonings in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

your iron consumption. Iron Folic is certified Kosher and Halal.

NUTRILITE® Iron Folic contains a unique blend of three iron sources, from bisglycinate, fumarate, and one of nature's richest plant sources of iron - mustard greens specially grown under controlled conditions. Vitamin C is added to increase absorption of iron fumarate and iron bisglycinate. Folic acid is included for its important benefits to women in their childbearing years and to support a healthy heart.™ Plus, Iron Folic provides tailored use amounts for men and women so you can personalize

 **NUTRILITE®**



Iron Folic

Critical for Women in Childbearing Years™

DIETARY SUPPLEMENT

1 TABLET, 1-3X A DAY

90 Tablets

SUGGESTED USE: Women: Consume 1 to 3 tablets per day with meals, as needed. Men: Consume 1 tablet per day with meals, if needed.

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value*
Vitamin C (from Acerola Powder, Ascorbic Acid)	30 mg	50%
Folic Acid	200 mcg	50%
Iron (from Ferrous Bisglycinate, Ferrous Fumarate, Mustard Greens (leaf, stem))	10 mg	56%
Spinach dehydrate (leaf, stem)	35 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

OTHER INGREDIENTS: Lactose (Milk), Microcrystalline Cellulose, Maltodextrin, Sodium Carboxymethylcellulose, Hydroxypropyl Methylcellulose, Silicon Dioxide, Magnesium Stearate, Glycerin, Carnauba Wax.



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For Questions: 1-800-253-6500

Amway.com/Nutrilite

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Amway



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