

SUPPORTS
Healthy Brain Function
with B Vitamins*

ONE A DAY[®]
women's
MULTIVITAMIN/MULTIMINERAL
SUPPLEMENT

50+
HEALTHY ADVANTAGE

Formulated with Key Nutrients to Support: *

- Heart Health^{††}
- Immune Health
- Healthy Brain Function
- Bone Health
- Joint Health

**Addresses Your Health
Concerns As You Age**

175 TABLETS



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

††Not a replacement for heart medications

Directions: Adults: One tablet daily, with food.

Supplement Facts

Serving Size: One tablet

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin A (20% as beta-carotene)	3500 IU	70%	Niacin	20 mg	100%	Iodine	150 mcg	100%
Vitamin C	120 mg	200%	Vitamin B ₆	6 mg	300%	Magnesium	50 mg	13%
Vitamin D (as Vitamin D ₃)	1000 IU	250%	Folic Acid	400 mcg	100%	Zinc	24 mg	160%
Vitamin E	30 IU	100%	Vitamin B ₁₂	25 mcg	417%	Selenium	27 mcg	39%
Vitamin K	20 mcg	25%	Biotin	30 mcg	10%	Copper	2.2 mg	110%
Thiamin (B ₁)	4.5 mg	300%	Pantothenic Acid	15 mg	150%	Manganese	4.2 mg	210%
Riboflavin (B ₂)	3.4 mg	200%	Calcium (elemental)	300 mg	30%	Chromium	180 mcg	150%
			Iron	0 mg	0%	Molybdenum	90 mcg	120%

INGREDIENTS: Calcium Carbonate, Microcrystalline Cellulose, Ascorbic Acid, Magnesium Oxide, Maltodextrin, Zinc Oxide, dl-Alpha-Tocopheryl Acetate, Croscarmellose Sodium; Less than 2% of: Artificial Flavors, Beta-Carotene, Biotin, Cholecalciferol, Chromium Chloride, Cupric Oxide, Cyanocobalamin, D-Calcium Pantothenate, FD&C Yellow #5 (tartrazine) Lake, FD&C Yellow #6 Lake, Folic Acid, Gelatin, Hydroxypropyl Methylcellulose, Manganese Sulfate, Niacinamide, Phytonadione, Polyethylene Glycol, Potassium Iodide, Pyridoxine Hydrochloride, Riboflavin, Silicon Dioxide, Sodium Molybdate, Sodium Selenite, Stearic Acid, Thiamine Mononitrate, Titanium Dioxide (color), Vitamin A Acetate.

KEEP OUT OF REACH
OF CHILDREN

Do not exceed
recommended intake

Store at room
temperature.

Avoid excessive heat
above 40°C (104°F).

Do not use if printed safety seal
bearing "Bayer HealthCare"
under cap is torn or missing.

Questions or comments? Please call
1-800-800-4793 (Mon-Fri 9-5 EST)

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