

Supplement Facts

Serving Size: 2 Capsules		
Servings Per Container: 30	Amount per Serving	% Daily Value
Vitamin A (as Retinyl Palmitate)	800 mcg	89 %
Vitamin C (as Ascorbic Acid)	100 mg	111%
Vitamin D (as Ergocalciferol)	2.5 mcg	13%
Thiamin (as Thiamine HCl)	5 mg	417%
Riboflavin	5 mg	385%
Niacin	5 mg	31%
Vitamin B6 (as Pyridoxine HCl)	5 mg	294%
Folate	333.3 mcg DFE (200 mcg Folic Acid)	83%
Vitamin B12 (as Cyanocobalamin)	20 mcg	833%
Biotin	2500 mcg	8333%
Pantothenic Acid (as Calcium-D-Pantothe	nate) 100 mg	2000%
Calcium (as Calcium Carbonate)	217 mg	17%
Capilsana® Complex Proprietary	Blend 960 mg	†

MSM (Methylsulfonylmethane)

Pea Protein Powder Horsetail Herb Extract

+ D-:|- V-|-- --- -----|:-

† Daily Value not established

Other Ingredients: Hypromellose (Capsule) and Magnesium Stearate