

100% DV OF ALL
8 B-VITAMINS†

ONE A DAY®
women's

MULTIVITAMIN/MULTIMINERAL
SUPPLEMENT

**WOMEN'S
FORMULA**

100 TABLETS

Directions: Adults: One tablet daily, with food.

Supplement Facts

Serving Size: One tablet

| | Amount Per Serving | % Daily Value |
|--|--------------------|---------------|
| Vitamin A (20% as beta-carotene) | 2500 IU | 50% |
| Vitamin C | 60 mg | 100% |
| Vitamin D (as Vitamin D ₃) | 1000 IU | 250% |
| Vitamin E | 22.5 IU | 75% |
| Vitamin K | 25 mcg | 31% |
| Thiamin (B ₁) | 1.5 mg | 100% |
| Riboflavin (B ₂) | 1.7 mg | 100% |
| Niacin | 20 mg | 100% |
| Vitamin B ₆ | 2 mg | 100% |
| Folic Acid | 400 mcg | 100% |

| | Amount Per Serving | % Daily Value |
|-------------------------|--------------------|---------------|
| Vitamin B ₁₂ | 6 mcg | 100% |
| Biotin | 300 mcg | 100% |
| Pantothenic Acid | 10 mg | 100% |
| Calcium (elemental) | 500 mg | 50% |
| Iron | 18 mg | 100% |
| Iodine | 150 mcg | 100% |
| Zinc | 15 mg | 100% |
| Selenium | 20 mcg | 29% |
| Copper | 2 mg | 100% |
| Manganese | 2 mg | 100% |
| Chromium | 120 mcg | 100% |

See accompanying packaging for
complete product information

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

**KEEP OUT OF REACH OF CHILDREN
CHILD RESISTANT CAP**

†Refers to Daily Values for Vitamins B₁, B₂, B₆, B₁₂, Niacin, Folic Acid, Biotin and Pantothenic Acid.

Do not use this product if printed safety seal bearing "Bayer HealthCare" under cap is torn or missing.

Questions or comments? Please call
1-800-800-4793 (Mon-Fri 9AM - 5PM EST)

Dist. by:
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Whippany, NJ 07981

Bayer

EXPIRATION DATE: 8/4/5/11/6/18