

SUPPORTS

Healthy Muscle Function
with Vitamin D*

ONE A DAY
MEN'S
MULTIVITAMIN/MULTIMINERAL
SUPPLEMENT

MEN'S HEALTH FORMULA

Complete Multivitamin to Support:*

- Heart Health‡
- Immune Health
- Physical Energy††
- Healthy Blood Pressure†
- Healthy Muscle Function



250 TABLETS

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

‡Not a replacement for heart medications

††With B Vitamins and Chromium to help convert food to energy

†To help support blood pressure levels already within the normal range

Directions: Adults: One tablet daily, with food.

Supplement Facts

Serving Size: One tablet

	Amount Per Serving	% Daily Value
Vitamin A (14% as beta-carotene)	3500 IU	70%
Vitamin C	60 mg	100%
Vitamin D (as Vitamin D ₃)	700 IU	175%
Vitamin E	22.5 IU	75%
Vitamin K	20 mcg	25%
Thiamin (B ₁)	1.35 mg	90%
Riboflavin (B ₂)	1.7 mg	100%
Niacin	18 mg	90%
Vitamin B ₆	3 mg	150%
Folic Acid	400 mcg	100%
Vitamin B ₁₂	18 mcg	300%

	Amount Per Serving	% Daily Value
Biotin	75 mcg	25%
Pantothenic Acid	16 mg	160%
Calcium (elemental)	210 mg	21%
Iron	0 mg	0%
Magnesium	140 mg	35%
Zinc	15 mg	100%
Selenium	110 mcg	157%
Copper	2 mg	100%
Manganese	2 mg	100%
Chromium	120 mcg	100%
Lycopene	300 mcg	*

*Daily Value not established.

INGREDIENTS: Calcium Carbonate, Magnesium Oxide, Microcrystalline Cellulose, Ascorbic Acid, Croscarmellose Sodium; Less than 2% of: Beta-Carotene, Biotin, Cholecalciferol, Chromium Chloride, Crospovidone, Cupric Oxide, Cyanocobalamin, D-Calcium Pantothenate, dl-Alpha-Tocopheryl Acetate, Folic Acid, Hydroxypropyl Methylcellulose, Lycopene, Manganese Sulfate, Niacinamide, Phytonadione, Pyridoxine Hydrochloride, Riboflavin, Silicon Dioxide, Sodium Selenite, Stearic Acid, Thiamine Mononitrate, Triacetin, Vitamin A Acetate, Zinc Oxide.

KEEP OUT OF REACH OF CHILDREN
CHILD RESISTANT CAP

Store at room temperature.
Avoid excessive heat above 40°C (104°F).

Do not use if printed safety seal bearing "Bayer HealthCare" under cap is torn or missing.

Questions or comments?
Please call 1-800-800-4793
(Mon-Fri 9AM - 5PM EST)

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