1 serving | Mixed with favorite beverage | 6 oz. | shake well

Suggested Use: Take NutraBio Casein before bed and/or between meals when slow digesting protein is desired. Add 1 scoop with 6 ounces of cold water or your favorite beverage to a shaker cup or blender and mix for 25-30 seconds. Vary the amount of liquid to meet your desired taste and consistency. Using nonfat milk instead of water will give you a thicker, creamier shake.

SUSTAINED RELEASE FOR PROLONGED AMINO ACID DELIVERY

Micellar Casein has a slow absorption rate into the bloodstream, which provides a steady stream of amino acids to muscle cells lasting 4-6 hours. This ensures positive nitrogen retention in muscles for much longer periods compared to whey protein. Casein is best taken at night or in combination with whey protein isolate after workouts to help provide sustained amino acid delivery during the two most crucial times of muscle growth: during sleep and post-training.

HIGH CONCENTRATION OF BCAAs & AMINO ACIDS

Shown is the typical amino acid profile per serving which is derived from micellar casein protein only. Absolutely no ingredients have been added to spike protein values.

Essential Amino Acids (EAAs)	
Tryptophan	340mg
Valine **	1512mg
Threonine	1019mg
Isoleucine **	1265mg
Leucine **	2253mg
Lysine	1975mg
Phenylalanine	1173mg
Methionine	710mg

Conditionally Essential Amino Acids (CAAs)	
Arginine	895mg
Cysteine	247mg
Tyrosine	1265mg
Histidine	648mg
Proline	2346mg
Glutamic Acid (Glutamine Precursor)	5031mg

Nonessential Amino Acids (NAAs)	
Aspartic Acid	1790mg
Serine	1296mg
Glycine	463mg
Alanine	772mg

*** Branched Chain Amino Acids**

SINCE 1996

MANUFACTURED IN OUR GMP & FDA INSPECTED FACILITY

NO AMINO SPIKE SPIKING FREE

NUTRABIO®

BUILD | REPAIR | RECOVER

MICELLAR CASEIN

SLOW DIGESTING PROTEIN

HIGH Concentration of BCAAs | SLOW DIGESTING Anti-Catabolic Protein | ULTIMATE Nighttime Protein

2lb Natural Flavoring Dietary Supplement Net Wt. 2lb (907g)

MADE IN OUR GMP & FDA INSPECTED FACILITY

25G PROTEIN

5G BCAAs

UD

Supplement Facts

Serving size: 1 scoop (32.50 grams)
Servings per container: 27.9

Amount Per Serving	% Daily Value
Calories 120	
Calories from Fat 5	
Total Fat 0.5g	1%*
Cholesterol 15mg	5%*
Total Carbohydrate 2g	<1%*
Sugars 1g	†
Protein 25g	50%*
Calcium 728mg	70%*
Phosphorus 317mg	30%*
Sodium 60mg	2%*
Potassium 80mg	2%*
Micellar Casein 31.65g (Yielding 25g complete protein per serving. Cold processed. Instantized with sunflower lecithin.)	†

* Percent Daily Values are based on a 2000 calorie diet.
† Daily Value not established.

Other Ingredients: Flavoring (natural flavor 610mg, xanthan gum 110mg, sucralose 75mg, salt 65mg).

Contains: Milk.

This product is intended as a dietary supplement only. Do not use as a sole source of nutrition.

THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME. SOME SETTLING OF CONTENTS MAY HAVE OCCURRED DURING THE SHIPPING AND HANDLING. STORE IN A COOL DRY PLACE. SERVING SCOOP INCLUDED (MAY SETTLE TO THE BOTTOM DURING SHIPPING.)

‡These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured by: NutraBio Labs, Inc.
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MADE IN USA

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GLUTEN & SOY FREE | NON-GMO
BSE/TSE FREE | KOSHER

THE ULTIMATE SLOW DIGESTING PROTEIN!

- NO FILLERS OR EXCIPIENTS
- NO PROTEIN SPIKING
- NO PROPRIETARY BLENDS
- NO INFERIOR CASEINATE
- NO ADDED SUGARS
- NO GLUTEN OR BSE/TSE
- NO MALTODEXTRIN OR DEXTROSE
- NO BANNED SUBSTANCES
- NO ARTIFICIAL COLORS
- NO HIDDEN INGREDIENTS

NON-DENATURED . COLD PROCESSED

FULL LABEL DISCLOSURE

NO PROPRIETARY BLENDS | EVERY INGREDIENT DISCLOSED WITH DOSAGE

CHECK. VERIFY. TRUST. View Independent Lab Results CHECKMYSUPPS.COM