

We believe that **Amazing Nutrition™** is the key for Healthy Living. We are passionate about bringing you the finest selection of products which can perfectly complement a healthy diet and active lifestyle.

L-tryptophan is an essential amino acid that the body requires to synthesize proteins and specialized molecules. It is critical for the production of serotonin and melatonin, hormones that support a positive mood, relaxation, healthy sleep patterns and reduce stress.* L-tryptophan also help support immune functions, as it is the body's precursor to the kynurenines that regulate immunity.* If needed, L-tryptophan converts to niacin in the body, which supports circulation, healthy nervous system, metabolism of food, and production of hydrochloric acid for the digestive system.*

KEEP OUT OF REACH OF CHILDREN
STORE IN A COOL, DRY PLACE
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING

Manufactured for and Distributed by:
Amazing Nutrition
Hoboken NJ 07030
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** These statements have not been evaluated
by the Food and Drug Administration. This
product is not intended to cure, prevent, treat
or diagnose any disease.*



AMAZING  NUTRITION

AMAZING  FORMULAS

DIETARY SUPPLEMENT

L-Tryptophan

- ✓ Encourages Positive Mood & Restful Sleep*
- ✓ Supports Immune Function*
- ✓ Helps To Improve Circulation & Reduce Stress*

500 MG
120 CAPSULES



Supplement Facts

Serving Size: 1 Capsule		Serving Per Container: 120
Amount Per Serving		%Daily Value
L-Tryptophan (Free-Form)	500 mg	**
**Daily Value not established.		

OTHER INGREDIENTS: Gelatin and Magnesium Stearate.

SUGGESTED USE: As a dietary supplement, adults take 1-2 capsules 2 to 3 times daily on an empty stomach or as directed by a health care professional. Best used at bedtime.

CAUTION: Pregnant/lactating women, those taking anti-depressant medications (such as SSRIs or MAOIs), or those with liver disorders, consult a health care professional before using this product. May cause drowsiness.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Egg, No Corn. Sodium Free.