

Herbal Fiberblend

13 oz/375 g unflavored

- Psyllium, for soluble and insoluble fiber, along with effective herbs
- Supports a high-fiber intake for digestive and overall health
- Promotes regular bowel movements
- Cleanses the body and eliminates toxins



Supplement Facts		
Serving Size 1 Tablespoon (7 g)		
Servings Per Container About 52		
Amount Per 1 Tablespoon (7 g)	% Daily Value*	
Calories	17	
Total Fat	0 g	0%
Total Carbohydrates	5 g	2%
Dietary Fiber	5 g	2%
Soluble Fiber	3 g	
Insoluble Fiber	2 g	
Sugars	0 g	
Protein	1 g	2%
Calcium	42 mg	4%
Iron	4 mg	22%
Potassium	85 mg	2%
Proprietary Blend		
7 g		
Psyllium (husk)		†
Black Walnut (hulls)		†
Hibiscus (flowers)		†
Alfalfa (leaves & stem)		†
Licorice (root)		†
Shavegrass (grass)		†
Rose Hips (fruit)		†
Cascara Sagrada (bark)		†
Oatstraw (straw)		†
Pumpkin (seed)		†
Irish Moss (moss)		†
Yucca (stalk & trunk)		†
Passionflower (leaves & stem)		†
Marshmallow (root)		†
Capsicum (fruit)		†
Violet (leaves)		†
Mullein (leaves)		†
Witch Hazel (leaves)		†
Slippery Elm (bark)		†
* Percent Daily Values are based on a 2,000 calorie diet.		
† Daily Value not established.		