

^{††}Supportive but not conclusive research shows that consumption of EPA and DHA Omega-3 fatty acids may reduce the risk of coronary heart disease. One serving of 21ST Century Fish Oil 1200 mg provides 360 mg total EPA, DHA, and other Omega-3 fatty acids (see supplement facts for total fat and saturated fat content). 21ST Century Fish Oil 1200 mg contains high quality molecularly distilled fish oil concentrate.

Directions: Take up to three (3) softgels daily with any meal for maximum results, or as directed by your healthcare provider. Do not exceed recommended dosage.

Warning: Before using this product, consult your healthcare provider if you are: pregnant or nursing, have a medical condition, taking any medications, or are planning any medical procedures. If any adverse reactions occur, discontinue use and consult your healthcare provider.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors.

21ST CENTURY®



DIETARY SUPPLEMENT



MAXIMUM STRENGTH

OMEGA-3

Fish Oil 1200 mg

RICH SOURCE OF EPA & DHA

May Reduce the Risk of
Coronary Heart Disease^{††}

(see side panel)

Purified to Eliminate
Mercury, PCBs
& Dioxins

90 Softgels

Supplement Facts

Serving Size: 1 Softgel

Amount Per Serving		% DV [†]
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%
Saturated Fat	0 g	
Polyunsaturated Fat	0.5 g	
Monounsaturated Fat	0 g	
Cholesterol	<10 mg	3%
Fish Oil Concentrate	1200 mg	**
Total Omega-3 Fatty Acids	360 mg	**
EPA (Eicosapentaenoic Acid)		**
DHA (Docosahexaenoic Acid)		**
Other Omega-3 Fatty Acids		**

[†]Percent Daily Value (DV) based on a 2,000 calorie diet. Daily Value (DV) not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Purified Water, Mixed Tocopherols. Contains soy and fish (herring, anchovy, mackerel, sardine, sprat, and salmon) ingredients.



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