

health.

Cultured Whole Food

Organic herbs and cultured whole-food vitamins & minerals work together to promote optimal health and condition-specific benefits — not just address nutrient deficiencies.*

Women 40+

Every Woman® II is an organic whole-food multivitamin formulated specifically for the needs of women 40+.

Heart & Eye Health

Whole-Food B-Vitamin complex and whole foods like organic oregano support heart and eye health.*

Breast & Hormone Health

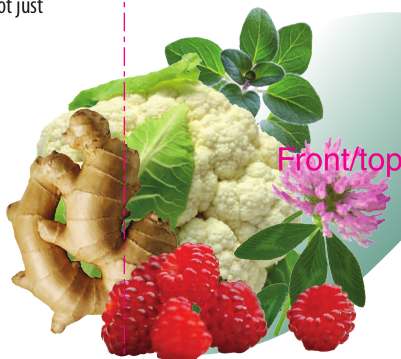
A blend of organic broccoli, organic kale, and other organic cruciferous sprouts to support healthy estrogen metabolism and breast health.*

Convenient

New three-a-day formula is easy-to-take, easy-to-digest, and can be taken anytime — even on an empty stomach!

NATURALLY GLUTEN FREE

NEWCHAPTER
Organics®



NEW
EASY DOSE
FORMULA

40+
every
WOMAN® II

Whole-Food
Multi Vitamin + Herbs + Minerals
Breast • Heart • Vision Support*

96 Tablets

DIETARY SUPPLEMENT

Supplement Facts

Serving size 3 Tablets Servings per container 32

Three tablets contain		%DV
Probiotic Nutrients*		
Vitamin A † (100% as beta-carotene)	5000 IU	100%
Vitamin C †	60 mg	100%
Vitamin D3 †	1000 IU	250%
Vitamin E †	30 IU	100%
Vitamin K1 †	70 mcg	88%
Vitamin K2 (MK-7) (from MenaQ7™ ‡)	10 mcg	12%
Thiamin-Vitamin B1 †	8 mg	533%
Riboflavin-Vitamin B2 †	5 mg	294%
Niacin †	20 mg	100%
Vitamin B6 †	10 mg	500%
Folate †	200 mcg	50%
Vitamin B12 †	50 mcg	833%
Biotin †	300 mcg	100%
Pantothenic Acid †	25 mg	250%
Calcium (from Algae ‡)	75 mg	7%
Iodine †	90 mcg	60%
Magnesium † (80% cultured, 20% from Algae ‡)	20 mg	5%
Zinc †	7.5 mg	50%
Selenium †	100 mcg	143%
Copper †	750 mcg	38%
Manganese †	2 mg	100%
Chromium †	100 mcg	83%
Molybdenum †	50 mcg	67%
Mixed Carotenoids †	3 mg	•
Herbal Blends		
Stress/Energy Support Blend †	100 mg	•
[Organic Schizandra (berry), Organic Maca (root), Organic Chamomile (flower)]		
Cardio Support Blend †	100 mg	•
[Organic Fenugreek (seed), Organic Oregano (leaf), Grapeseed Extract (not cultured), Organic Hawthorn (berry and seed)]		
Hormone Support Blend †	100 mg	•
[Organic Chaste Tree (berry), Organic Red Clover (flower), Organic Raspberry (leaf)]		
Breast Support Blend (sprouted seeds)	100 mg	•
(Organic Broccoli, Organic Cauliflower, Organic Kale, Organic Daikon Radish, Organic Cabbage, Organic Mustard)		
Digestive Support Blend †	80 mg	•
[Organic Aloe (leaf), Organic Peppermint (leaf), Organic Coriander (seed), Organic Cardamom (seed), Organic Artichoke (leaf)]		
Immune Support Blend †	60 mg	•
[Elderberry Extract (Sambucus nigra) (berry), Organic Eleuthero (root), Organic Astragalus (root)]		
Herbal Extracts		
Ginger (rhizome) 9.6 mg hydroethanolic extract and 2.4 mg organic supercritical extract	12 mg	•
Turmeric (rhizome) 9.6 mg hydroethanolic extract and 2.4 mg organic supercritical extract	12 mg	•

• Daily Value not established † Lithothamnion: (L. calcareum and L. coralloides)
‡ Nutrients and herbs are cultured in organic media that may contain: organic milled soy, *Saccharomyces cerevisiae* (organic yeast: active and inactive), organic maltodextrin, organic gum acacia, organic orange and lemon peel — natural sources of bioflavonoids, organic carrot powder, organic alfalfa powder, *Lactobacilli* (L. acidophilus, L. bifidus, L. rhamnosus) and enzymes (deactivated).

Other ingredients: Organic gum acacia, silica, lac resin, and carnauba wax.
Contains: Fermented soy. Naturally gluten free. 100% vegetarian; no artificial flavors or colors.
Suggested use: Three tablets daily. Can be taken anytime, even on an empty stomach.

holistic.

New Chapter® Whole-Food Multivitamins:
More Than Food Supplements,
They're Supplemental Food.™

ORGANIC

Formulated with Organic Ingredients

PROBIOTIC

Cultured with Beneficial Live Probiotics

WHOLE

Bioavailable, Easy-to-Digest Food

Caution: As with any dietary or herbal supplement, you should advise your health care practitioner of the use of this product. If you are nursing, pregnant, or considering pregnancy, you should consult your health care practitioner prior to using this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Formulated and distributed by
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MenaQ7

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This package is made of 100% recycled paperboard (35% post-consumer content). It is processed chlorine-free (PCF) and uses vegetable oil-based inks.
Please help protect our planet — recycle this bottle and box after use.

Naturally
Gluten
Free