HELLO!

We're Barlean's and we make **premium** foods and nutritional supplements here in the Pacific Northwest, Our family business has grown a lot in 25+ years, but we still do things our way:

Create seriously delicious ways for people to get essential nutrients

Use only ultrapurified fish oils, free of mercury and other heavy metals

Share our profits to help people locally and around the world US AGAIN!

WE'RE GLAD FEEL PRETTY GOOD THAT YOU'LL TRY

3x Better Absorption

Our special emulsified formula is absorbed better than traditional fish oil or softgels, so you get more of the Omega-3s your body needs.

SWEET TASTE & CREAMY TEXTURE NO ARTIFICIAL FLAVORS OR COLORS

Suggested Use:

Adults & children ages 4 and up: 1 Tbsp daily. Great straight or in yogurt, oatmeal or smoothies.



SPOON



TOP

Keep out of reach of children and never give to pets.



BLEND

Refrigerate after opening

SHAKE WELL





SERIOUSLY DELICIOUS

HIGH POTENCY







DAIRY FREE • SUGAR FREE



Supplement Facts

Serving Size 1 Tbsp (15 mL) Servings Per Container 29

Pe	Amount er Serving	% DV for fults & Children 4 or More Years of Age
Calories	70	
Total Fat	5 g	7%*
Saturated Fat	1.5 g	7%*
Polyunsaturated Fat	2 g	t
Monounsaturated Fat	t 1 g	†
Cholesterol	35 m	g 12%
Total Carbohydrate	6 g	2%*
Total Sugars	0 g	t
Includes 0g Added	Sugars	0%
Sugar Alcohol	5 g	t

Omega-3 Polyunsaturated Fat

Eicosapentaenoic Acid (EPA) 910 mg † Docosahexaenoic Acid (DHA) 590 mg Other Omega-3 Fatty Acids 370 mg

*Percent Daily Values (DV) are based on a 2,000 calorie diet. †Daily Value (DV) not established.

Ingredients: Fish oil (anchovy, sardine and/or mackerel), water, xylitol, glycerine, gum arabic, natural flavors, citric acid, xanthan gum, antioxidant blend (Vitamin E (as d-alpha tocopherol), rosemary extract, ascorbyl palmitate, and green tea extract), guar gum, beta carotene, sorbic acid.

Learn more about a Pathway to a Better Life:

Barleans.com • 800.445.3529

Barlean's Ferndale, WA 98248











NET WT. 16 oz (1 lb) 454 g